



Trix™ Cereal Crunch Cake

 Dairy Free

READY IN



1200 min.

SERVINGS



12

CALORIES



285 kcal

DESSERT

Ingredients

- 1 box cake mix white
- 1 serving liquid smoke green blue red yellow
- 2 teaspoons orange zest grated
- 2 teaspoons lime zest grated
- 12 oz fluffy frosting white
- 0.5 cup corn flakes/bran flakes

Equipment

- bowl

frying pan

oven

Directions

Heat oven to 350°F (325°F for dark or nonstick pans). Grease bottoms only of 2 (8- or 9-inch) round cake pans. Make cake batter as directed on box.

Divide cake batter evenly between two separate bowls (about 2 cups each). In one bowl, add 25 drops yellow food color and 4 drops red food color; mix well. Stir in orange peel.

Pour into one of the pans. In other bowl, add 25 drops neon green food color and 2 drops neon blue food color; mix well. Stir in lime peel.

Pour into other pan.

Bake and cool as directed on box for 8- or 9-inch rounds.

Place green cake layer, top side down, on serving plate.

Spread 1/3 cup frosting on top. Top with orange cake layer, top side up. Frost side and top of cake with remaining frosting.

Sprinkle cereal on top of cake.

Nutrition Facts



Properties

Glycemic Index:12.27, Glycemic Load:9.03, Inflammation Score:-2, Nutrition Score:4.9000000046647%

Flavonoids

Hesperetin: 0.14mg, Hesperetin: 0.14mg, Hesperetin: 0.14mg, Hesperetin: 0.14mg Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg

Nutrients (% of daily need)

Calories: 284.66kcal (14.23%), Fat: 6.22g (9.57%), Saturated Fat: 1.69g (10.56%), Carbohydrates: 55.75g (18.58%), Net Carbohydrates: 54.93g (19.97%), Sugar: 36.33g (40.37%), Cholesterol: 0mg (0%), Sodium: 359.93mg (15.65%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.95g (3.89%), Phosphorus: 157.91mg (15.79%), Vitamin B2: 0.2mg (11.93%), Folate: 43.67µg (10.92%), Calcium: 96.58mg (9.66%), Vitamin B1: 0.12mg (7.9%), Iron: 1.36mg (7.54%), Manganese: 0.15mg (7.39%), Vitamin B3: 1.37mg (6.86%), Selenium: 4.61µg (6.59%), Vitamin E: 0.82mg (5.49%), Vitamin K: 4.87µg (4.64%), Fiber: 0.82g (3.29%), Magnesium: 8.93mg (2.23%), Copper: 0.04mg (2.19%),

Vitamin B6: 0.04mg (2.06%), Zinc: 0.3mg (2.02%), Vitamin B5: 0.16mg (1.59%), Vitamin B12: 0.08µg (1.39%),
Potassium: 46.28mg (1.32%)