



Trix™ Cereal Crunch Cake

 Dairy Free

READY IN



1260 min.

SERVINGS



12

CALORIES



327 kcal

DESSERT

Ingredients

- ☐ 0.5 cup corn flakes/bran flakes
- ☐ 12 servings purple gel food coloring green blue red yellow
- ☐ 1 container fluffy frosting white
- ☐ 2 teaspoons lime zest grated
- ☐ 2 teaspoons orange zest grated
- ☐ 1 box cake mix white

Equipment

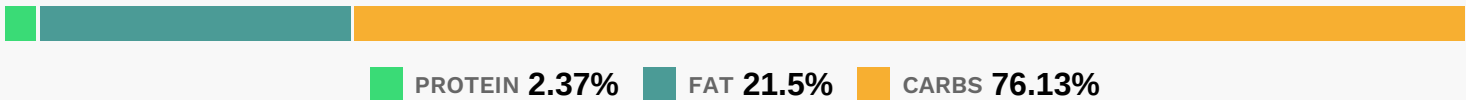
- ☐ bowl

- ☐ frying pan
- ☐ oven

Directions

- ☐ Heat oven to 350F (325F for dark or nonstick pans). Grease bottoms only of 2 (8- or 9-inch) round cake pans. Make cake batter as directed on box.
- ☐ Divide cake batter evenly between two separate bowls (about 2 cups each). In one bowl, add 25 drops yellow food color and 4 drops red food color; mix well. Stir in orange peel.
- ☐ Pour into one of the pans. In other bowl, add 25 drops neon green food color and 2 drops neon blue food color; mix well. Stir in lime peel.
- ☐ Pour into other pan.
- ☐ Bake and cool as directed on box for 8- or 9-inch rounds.
- ☐ Place green cake layer, top side down, on serving plate.
- ☐ Spread 1/3 cup frosting on top. Top with orange cake layer, top side up. Frost side and top of cake with remaining frosting.
- ☐ Sprinkle cereal on top of cake.

Nutrition Facts



Properties

Glycemic Index:12.27, Glycemic Load:12, Inflammation Score:-2, Nutrition Score:5.1178260290104%

Flavonoids

Hesperetin: 0.14mg, Hesperetin: 0.14mg, Hesperetin: 0.14mg, Hesperetin: 0.14mg Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg

Nutrients (% of daily need)

Calories: 327.09kcal (16.35%), Fat: 7.86g (12.1%), Saturated Fat: 1.99g (12.45%), Carbohydrates: 62.65g (20.88%), Net Carbohydrates: 61.82g (22.48%), Sugar: 42.74g (47.49%), Cholesterol: 0mg (0%), Sodium: 378.42mg (16.45%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.95g (3.89%), Phosphorus: 159.73mg (15.97%), Vitamin B2: 0.23mg (13.73%), Folate: 44.48µg (11.12%), Calcium: 96.89mg (9.69%), Vitamin B1: 0.12mg (7.97%), Iron: 1.37mg (7.63%), Manganese: 0.15mg (7.39%), Vitamin B3: 1.39mg (6.97%), Selenium: 4.62µg (6.6%), Vitamin E: 0.98mg (6.52%), Vitamin K: 6.19µg (5.9%), Fiber: 0.82g (3.29%), Magnesium: 9.03mg (2.26%), Copper: 0.04mg (2.19%), Zinc:

0.31mg (2.06%), Vitamin B6: 0.04mg (2.06%), Vitamin B5: 0.16mg (1.65%), Potassium: 49.73mg (1.42%), Vitamin B12: 0.08µg (1.39%)