



Turkey and Cornbread Stuffing

READY IN



55 min.

SERVINGS



6

CALORIES



298 kcal

SIDE DISH

Ingredients

- 10.8 oz campbell's® condensed cream of celery soup canned
- 2 eggs
- 0.3 cup spring onion sliced
- 0.3 cup milk
- 1 cup peas fresh sweet green frozen giant® steamers®
- 6 oz pepperidge farm sage and onion stuffing stuffing betty crocker®
- 0.5 cup cranberries dried sweetened
- 2 cups turkey cooked
- 1 cup baking mix original bisquick®

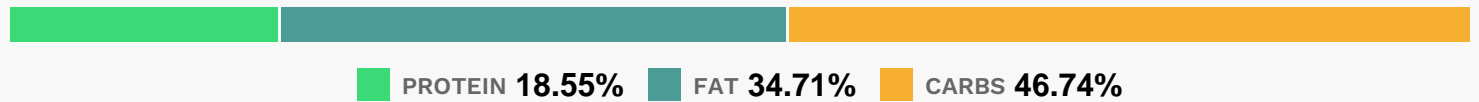
Equipment

- bowl
- sauce pan
- oven
- knife

Directions

- Heat oven to 400°F. Spray 3-quart casserole with cooking spray.
- In 3-quart saucepan, heat soup and 1 1/4 cups milk to boiling, stirring frequently. Stir in peas, cranberries and onions.
- Heat to boiling, stirring frequently.
- Remove from heat. Stir in turkey and stuffing mix. Spoon into casserole.
- In small bowl, stir remaining ingredients until blended; pour over stuffing mixture.
- Bake uncovered 35 to 40 minutes or until knife inserted in center comes out clean.

Nutrition Facts



Properties

Glycemic Index:19.06, Glycemic Load:1.18, Inflammation Score:-6, Nutrition Score:14.700000130612%

Flavonoids

Cyanidin: 0.06mg, Cyanidin: 0.06mg, Cyanidin: 0.06mg, Cyanidin: 0.06mg Delphinidin: 0.01mg, Delphinidin: 0.01mg, Delphinidin: 0.01mg, Delphinidin: 0.01mg Kaempferol: 0.06mg, Kaempferol: 0.06mg, Kaempferol: 0.06mg, Kaempferol: 0.06mg Myricetin: 0.24mg, Myricetin: 0.24mg, Myricetin: 0.24mg, Myricetin: 0.24mg Quercetin: 0.9mg, Quercetin: 0.9mg, Quercetin: 0.9mg, Quercetin: 0.9mg

Nutrients (% of daily need)

Calories: 298.16kcal (14.91%), Fat: 11.59g (17.83%), Saturated Fat: 3.01g (18.83%), Carbohydrates: 35.11g (11.7%), Net Carbohydrates: 31.54g (11.47%), Sugar: 12.98g (14.42%), Cholesterol: 85.62mg (28.54%), Sodium: 717.27mg (31.19%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 13.93g (27.86%), Selenium: 28.81µg (41.15%), Vitamin K: 29.38µg (27.98%), Phosphorus: 272.54mg (27.25%), Vitamin B3: 4.59mg (22.97%), Vitamin B2: 0.32mg (18.7%), Manganese:

0.36mg (17.93%), Vitamin B1: 0.26mg (17.37%), Folate: 64.66µg (16.16%), Vitamin B6: 0.31mg (15.42%), Fiber: 3.57g (14.27%), Vitamin C: 10.63mg (12.89%), Vitamin B5: 1.25mg (12.49%), Iron: 2.11mg (11.75%), Vitamin B12: 0.69µg (11.51%), Vitamin A: 573.41IU (11.47%), Vitamin E: 1.58mg (10.56%), Copper: 0.2mg (9.86%), Calcium: 95.44mg (9.54%), Zinc: 1.41mg (9.38%), Potassium: 288.48mg (8.24%), Magnesium: 31.42mg (7.85%), Vitamin D: 0.5µg (3.36%)