



## Turkey and Tomato Tortilla Stacker

READY IN



10 min.

SERVINGS



10

CALORIES



90 kcal

SIDE DISH

### Ingredients

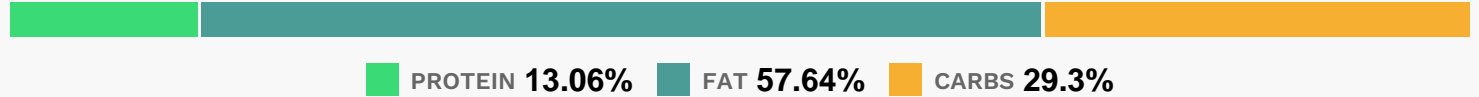
- 3 slices oscar mayer bacon warmed fully cooked
- 8 slices oscar mayer deli honey turkey breast smoked fresh
- 4 6-inch flour tortillas ()
- 2 singles kraft
- 2 lettuce leaves
- 2 Tbsp real mayo mayonnaise kraft
- 6 slices plum tomatoes

### Equipment

## Directions

- Spread tortillas with mayo.
- Top 1 tortilla with 4 turkey slices, Singles, second tortilla, lettuce and bacon.
- Cover with third tortilla, remaining turkey, tomatoes and remaining tortilla, mayo-side down.
- Cut into wedges.

## Nutrition Facts



## Properties

Glycemic Index:12.2, Glycemic Load:1.89, Inflammation Score:-3, Nutrition Score:2.6739130752242%

## Nutrients (% of daily need)

Calories: 89.51kcal (4.48%), Fat: 5.69g (8.76%), Saturated Fat: 1.57g (9.78%), Carbohydrates: 6.51g (2.17%), Net Carbohydrates: 6.03g (2.19%), Sugar: 0.65g (0.72%), Cholesterol: 7.6mg (2.53%), Sodium: 229.8mg (9.99%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 2.9g (5.8%), Vitamin A: 368.96IU (7.38%), Selenium: 4.09µg (5.85%), Vitamin B1: 0.08mg (5.59%), Phosphorus: 53.03mg (5.3%), Vitamin K: 5.41µg (5.15%), Vitamin B3: 0.82mg (4.09%), Manganese: 0.08mg (3.76%), Folate: 13.33µg (3.33%), Iron: 0.58mg (3.25%), Vitamin B2: 0.05mg (2.66%), Calcium: 21.99mg (2.2%), Fiber: 0.48g (1.9%), Copper: 0.03mg (1.61%), Potassium: 52.95mg (1.51%), Vitamin B6: 0.03mg (1.51%), Magnesium: 5.88mg (1.47%), Zinc: 0.22mg (1.44%), Vitamin C: 0.95mg (1.15%)