



Turkey, Bacon and Cheese Sandwiches

READY IN



28 min.

SERVINGS



8

CALORIES



283 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 6 slices precooked bacon
- ☐ 12 ounce big & flaky crescent dinner rolls refrigerated pillsbury® canned
- ☐ 2 tablespoons dijon mustard
- ☐ 3 ounces swiss cheese thinly sliced (from deli)
- ☐ 6 ounces turkey cooked thinly sliced (from deli)

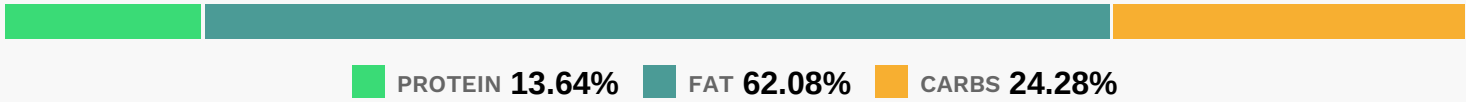
Equipment

- ☐ baking sheet
- ☐ oven

Directions

- ☐ Heat oven to 350 degrees F. Unroll dough on work surface; separate into triangles.
- ☐ Spread each triangle with 3/4 teaspoon mustard. Top each with turkey, cheese and bacon, cutting to fit if necessary.
- ☐ Roll up loosely as directed on can.
- ☐ Place on ungreased cookie sheet; curve into crescent shape.
- ☐ Bake 18 to 20 minutes or until golden brown and cheese is melted.

Nutrition Facts



Properties

Glycemic Index:7.38, Glycemic Load:0.05, Inflammation Score:-1, Nutrition Score:4.2765217308441%

Nutrients (% of daily need)

Calories: 282.99kcal (14.15%), Fat: 19.97g (30.72%), Saturated Fat: 8.19g (51.16%), Carbohydrates: 17.57g (5.86%), Net Carbohydrates: 17.41g (6.33%), Sugar: 4.31g (4.79%), Cholesterol: 31.65mg (10.55%), Sodium: 520.87mg (22.65%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 9.87g (19.73%), Selenium: 11.01µg (15.72%), Phosphorus: 116.46mg (11.65%), Calcium: 99.46mg (9.95%), Vitamin B12: 0.59µg (9.8%), Vitamin B3: 1.84mg (9.22%), Vitamin B6: 0.14mg (7.22%), Zinc: 0.95mg (6.35%), Iron: 0.81mg (4.48%), Vitamin B2: 0.08mg (4.47%), Vitamin B1: 0.06mg (4.07%), Magnesium: 11.06mg (2.77%), Vitamin B5: 0.27mg (2.71%), Potassium: 79.66mg (2.28%), Vitamin A: 105.46IU (2.11%), Copper: 0.03mg (1.32%), Vitamin E: 0.16mg (1.08%)