



Turkey Finger Sandwiches

READY IN



58 min.

SERVINGS



58

CALORIES



58 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 58 servings chives fresh whole
- ☐ 3 tablespoons chives fresh chopped
- ☐ 0.3 cup parsley fresh chopped
- ☐ 2 teaspoons dijon honey mustard
- ☐ 2 teaspoons juice of lemon
- ☐ 1 tablespoon orange marmalade
- ☐ 0.3 teaspoon salt
- ☐ 0.5 pound turkey breast smoked cut into 1-inch cubes
- ☐ 0.3 cup butter unsalted softened

- ☐ 0.5 cup butter unsalted softened cut into pieces and
- ☐ 24 ounce bread with pepperidge farm hearty white) firm sliced white

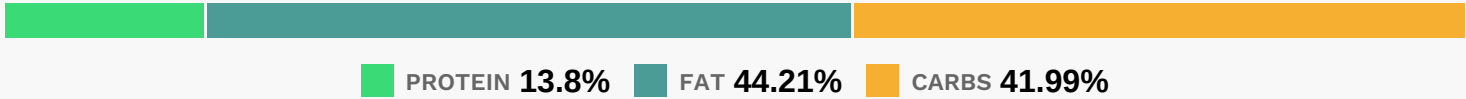
Equipment

- ☐ food processor
- ☐ bowl
- ☐ paper towels
- ☐ knife
- ☐ plastic wrap
- ☐ serrated knife

Directions

- ☐ Process turkey in a food processor until chopped.
- ☐ Add 1/2 cup butter and next 3 ingredients; process until almost smooth, stopping to scrape down sides.
- ☐ Transfer turkey spread to a medium bowl. Stir in 1/4 cup parsley, 3 tablespoons chives, and salt.
- ☐ Trim crusts from bread, using a serrated or an electric knife.
- ☐ Spread about 1/4 cup turkey spread on 8 bread slices. Top with remaining 8 bread slices; pressing lightly to adhere.
- ☐ Cut each sandwich into 4 fingers, using a serrated knife or an electric knife.
- ☐ To garnish, tie a whole chive around each finger sandwich, and knot; or spread cut sides of sandwiches with 1/4 cup softened butter, and dip lightly into 1/4 cup chopped parsley. Arrange on a serving platter.
- ☐ Note: You can make sandwiches up to 1 day ahead. Just lay a damp paper towel over sandwiches before covering with plastic wrap. Store in refrigerator.

Nutrition Facts



Properties

Glycemic Index:3.39, Glycemic Load:4.13, Inflammation Score:-2, Nutrition Score:2.2756521727728%

Flavonoids

Eriodictyol: 0.01mg, Eriodictyol: 0.01mg, Eriodictyol: 0.01mg, Eriodictyol: 0.01mg Hesperetin: 0.02mg, Hesperetin: 0.02mg, Hesperetin: 0.02mg, Hesperetin: 0.02mg Apigenin: 0.56mg, Apigenin: 0.56mg, Apigenin: 0.56mg, Apigenin: 0.56mg Isorhamnetin: 0.08mg, Isorhamnetin: 0.08mg, Isorhamnetin: 0.08mg, Isorhamnetin: 0.08mg Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg Myricetin: 0.04mg, Myricetin: 0.04mg, Myricetin: 0.04mg, Myricetin: 0.04mg Quercetin: 0.06mg, Quercetin: 0.06mg, Quercetin: 0.06mg, Quercetin: 0.06mg

Nutrients (% of daily need)

Calories: 58.34kcal (2.92%), Fat: 2.88g (4.43%), Saturated Fat: 1.62g (10.11%), Carbohydrates: 6.15g (2.05%), Net Carbohydrates: 5.84g (2.12%), Sugar: 0.9g (1%), Cholesterol: 8.42mg (2.81%), Sodium: 75.59mg (3.29%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 2.02g (4.04%), Vitamin K: 6.93µg (6.6%), Selenium: 3.65µg (5.22%), Vitamin B3: 0.96mg (4.79%), Vitamin B1: 0.06mg (4.14%), Folate: 15.05µg (3.76%), Manganese: 0.07mg (3.73%), Vitamin A: 146.55IU (2.93%), Calcium: 27.57mg (2.76%), Iron: 0.45mg (2.51%), Phosphorus: 24.04mg (2.4%), Vitamin B6: 0.04mg (2.16%), Vitamin B2: 0.04mg (2.15%), Vitamin C: 1.1mg (1.33%), Fiber: 0.31g (1.24%), Magnesium: 4.84mg (1.21%), Zinc: 0.17mg (1.11%), Vitamin B5: 0.1mg (1.01%)