



Turkey Mini Sandwiches

 Gluten Free

READY IN



70 min.

SERVINGS



18

CALORIES



57 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 0.5 cup cranberries dried sweetened
- 1 cup milk
- 2 tablespoons mustard yellow
- 1 eggs
- 6 oz turkey smoked cooked thinly sliced chopped
- 4 oz swiss cheese shredded
- 2 cups frangelico

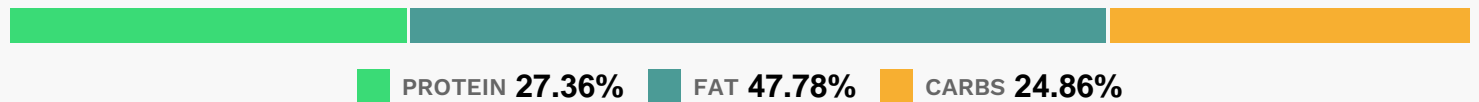
Equipment

- bowl
- oven
- baking pan
- glass baking pan

Directions

- Heat oven to 350°F. Spray 8-inch square (2-quart) glass baking dish with cooking spray. In medium bowl, stir Bisquick mix, cranberries, milk, mustard and egg until blended.
- Pour half of batter into baking dish.
- Top with half of the turkey and sprinkle with 1/2 cup of the cheese to within 1/4 inch of edges of baking dish. Top with remaining turkey.
- Pour remaining batter over turkey.
- Bake 45 to 50 minutes or until golden brown and set.
- Sprinkle with remaining 1/2 cup cheese.
- Let stand 5 minutes before cutting.
- Cut into 9 squares; cut each square in half diagonally.

Nutrition Facts



Properties

Glycemic Index:5.39, Glycemic Load:0.27, Inflammation Score:-1, Nutrition Score:2.3952174000442%

Flavonoids

Cyanidin: 0.02mg, Cyanidin: 0.02mg, Cyanidin: 0.02mg, Cyanidin: 0.02mg Myricetin: 0.08mg, Myricetin: 0.08mg, Myricetin: 0.08mg, Myricetin: 0.08mg Quercetin: 0.15mg, Quercetin: 0.15mg, Quercetin: 0.15mg, Quercetin: 0.15mg

Nutrients (% of daily need)

Calories: 57.23kcal (2.86%), Fat: 3.09g (4.75%), Saturated Fat: 1.58g (9.88%), Carbohydrates: 3.62g (1.21%), Net Carbohydrates: 3.37g (1.22%), Sugar: 3.13g (3.48%), Cholesterol: 21.41mg (7.14%), Sodium: 46.29mg (2.01%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 3.98g (7.96%), Calcium: 76.2mg (7.62%), Selenium: 4.92µg (7.03%), Phosphorus: 69.04mg (6.9%), Vitamin B12: 0.37µg (6.12%), Vitamin B2: 0.06mg (3.73%), Zinc: 0.5mg (3.31%), Vitamin B6: 0.06mg (2.97%), Vitamin B3: 0.56mg (2.8%), Vitamin A: 92.39IU (1.85%), Vitamin B5: 0.18mg (1.82%),

Magnesium: 6.61mg (1.65%), Vitamin D: 0.22µg (1.45%), Potassium: 47.36mg (1.35%), Vitamin B1: 0.02mg (1.07%),
Vitamin E: 0.15mg (1.02%)