



Turtle Fudge Chocolate Chip Cookies

READY IN



60 min.

SERVINGS



48

CALORIES



125 kcal

DESSERT

Ingredients

- 0.3 cup butter
- 48 foil-wrapped chocolate covered caramel candies
- 14.8 ounce chocolate chip muffin mix martha white®
- 0.7 cup pecans chopped
- 14 ounce condensed milk sweetened eagle brand® canned
- 5 ounces baking chocolate unsweetened

Equipment

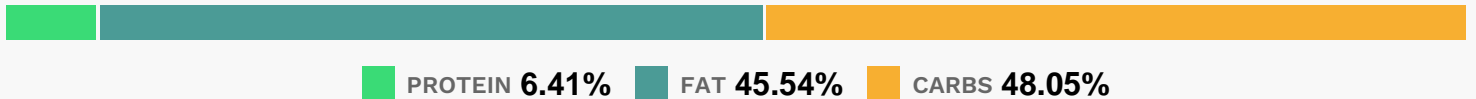
- bowl

- baking sheet
- oven
- knife
- wire rack
- microwave

Directions

- Heat oven to 350 degrees F. Coat large baking sheet with no-stick cooking spray. Microwave chocolate and butter in uncovered large microwave-safe bowl on HIGH for 2 minutes or until butter is melted. Stir until chocolate is completely melted and smooth. Stir in sweetened condensed milk. Stir in muffin mix until completely blended.
- Roll tablespoonfuls of dough into balls. Dip bottoms into pecans.
- Place on baking sheet with nut side up, 2 inches apart.
- Bake 7 to 8 minutes or just until cookies look slightly crackled and centers are still soft. Immediately press a caramel candy into center of each cookie.
- Remove to wire rack. Swirl caramel candy gently with knife while candy is warm, if desired. Cool completely.

Nutrition Facts



Properties

Glycemic Index:2.52, Glycemic Load:2.75, Inflammation Score:-2, Nutrition Score:3.1056521917167%

Flavonoids

Cyanidin: 0.16mg, Cyanidin: 0.16mg, Cyanidin: 0.16mg, Cyanidin: 0.16mg Delphinidin: 0.11mg, Delphinidin: 0.11mg, Delphinidin: 0.11mg, Delphinidin: 0.11mg Catechin: 2.01mg, Catechin: 2.01mg, Catechin: 2.01mg, Catechin: 2.01mg Epigallocatechin: 0.09mg, Epigallocatechin: 0.09mg, Epigallocatechin: 0.09mg, Epigallocatechin: 0.09mg Epicatechin: 4.2mg, Epicatechin: 4.2mg, Epicatechin: 4.2mg, Epicatechin: 4.2mg Epigallocatechin 3-gallate: 0.03mg, Epigallocatechin 3-gallate: 0.03mg, Epigallocatechin 3-gallate: 0.03mg, Epigallocatechin 3-gallate: 0.03mg

Nutrients (% of daily need)

Calories: 125.25kcal (6.26%), Fat: 6.63g (10.21%), Saturated Fat: 3.25g (20.32%), Carbohydrates: 15.75g (5.25%), Net Carbohydrates: 14.49g (5.27%), Sugar: 10.2g (11.33%), Cholesterol: 6.25mg (2.08%), Sodium: 101.51mg (4.41%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 2.1g (4.2%), Manganese: 0.22mg (10.96%), Phosphorus: 84.21mg (8.42%), Copper: 0.12mg (6.12%), Fiber: 1.26g (5.03%), Iron: 0.81mg (4.51%), Vitamin B2: 0.07mg (4.16%), Calcium: 41.49mg (4.15%), Vitamin B1: 0.06mg (4.02%), Magnesium: 15.76mg (3.94%), Zinc: 0.48mg (3.21%), Selenium: 2.02µg (2.89%), Folate: 10.23µg (2.56%), Potassium: 82.84mg (2.37%), Vitamin B3: 0.37mg (1.85%), Vitamin A: 69.78IU (1.4%), Vitamin B5: 0.12mg (1.23%), Vitamin B12: 0.07µg (1.1%), Vitamin K: 1.1µg (1.05%), Vitamin E: 0.15mg (1.02%)