



## Turtle S'More Cheesecake Minis

 Popular

READY IN



210 min.

SERVINGS



10

CALORIES



338 kcal

DESSERT

### Ingredients

- 0.3 cup butter melted
- 2 Tbsp chocolate syrup
- 8 oz philadelphia cream cheese softened
- 0.8 cup dulce de leche sweetened warmed divided ( milk caramel)
- 0.8 cup graham cracker crumbs
- 14 oz marshmallow crème jet-puffed
- 0.5 cup marshmallows jet-puffed miniature
- 0.5 cup planters pecans divided coarsely chopped

1 Tbsp sugar

## Equipment

bowl

blender

muffin liners

## Directions

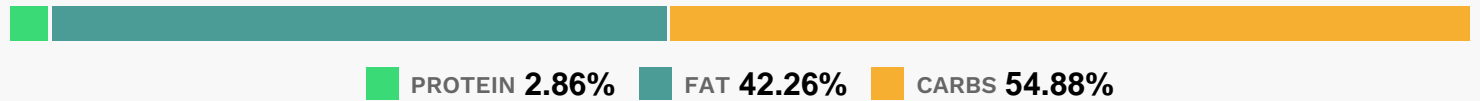
Mix graham crumbs, butter and sugar until blended; press onto bottoms of 10 paper-lined muffin cups. Spoon 1/2 cup dulce de leche evenly over crusts; sprinkle with 1/3 cup nuts.

Beat cream cheese and marshmallow creme in small bowl with mixer until blended.

Add 2 Tbsp. of the remaining dulce de leche; mix well. Spoon into muffin cups; top with marshmallows.

Drizzle with chocolate syrup and remaining dulce de leche; sprinkle with remaining nuts. Refrigerate 3 hours.

## Nutrition Facts



## Properties

Glycemic Index:33.36, Glycemic Load:5.82, Inflammation Score:-3, Nutrition Score:3.325652151652%

## Flavonoids

Cyanidin: 0.53mg, Cyanidin: 0.53mg, Cyanidin: 0.53mg, Cyanidin: 0.53mg Delphinidin: 0.36mg, Delphinidin: 0.36mg, Delphinidin: 0.36mg, Delphinidin: 0.36mg Catechin: 0.36mg, Catechin: 0.36mg, Catechin: 0.36mg, Catechin: 0.36mg Epigallocatechin: 0.28mg, Epigallocatechin: 0.28mg, Epigallocatechin: 0.28mg, Epigallocatechin: 0.28mg Epicatechin: 0.04mg, Epicatechin: 0.04mg, Epicatechin: 0.04mg, Epicatechin: 0.04mg Epigallocatechin 3-gallate: 0.11mg, Epigallocatechin 3-gallate: 0.11mg, Epigallocatechin 3-gallate: 0.11mg, Epigallocatechin 3-gallate: 0.11mg

## Nutrients (% of daily need)

Calories: 337.56kcal (16.88%), Fat: 16.7g (25.68%), Saturated Fat: 7.94g (49.65%), Carbohydrates: 48.79g (16.26%), Net Carbohydrates: 47.89g (17.41%), Sugar: 33.42g (37.13%), Cholesterol: 35.11mg (11.7%), Sodium: 156.85mg (6.82%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 2.55g (5.09%), Manganese: 0.26mg (12.76%), Vitamin

A: 449.18IU (8.98%), Phosphorus: 62.33mg (6.23%), Copper: 0.11mg (5.39%), Vitamin B2: 0.08mg (4.69%), Magnesium: 16.98mg (4.25%), Fiber: 0.89g (3.58%), Vitamin B1: 0.05mg (3.55%), Zinc: 0.52mg (3.49%), Selenium: 2.35µg (3.36%), Calcium: 32.98mg (3.3%), Iron: 0.58mg (3.24%), Vitamin E: 0.4mg (2.65%), Potassium: 80.37mg (2.3%), Vitamin B5: 0.18mg (1.79%), Vitamin B3: 0.35mg (1.73%), Folate: 6.38µg (1.59%), Vitamin B6: 0.03mg (1.51%), Vitamin K: 1.09µg (1.03%)