



Twisted Stripper

 Vegetarian  Vegan  Gluten Free  Dairy Free

READY IN



5 min.

SERVINGS



1

CALORIES



261 kcal

BEVERAGE

DRINK

Ingredients

- 0.5 fluid ounce coconut-flavored rum
- 1 dash grenadine syrup
- 1 cup ice cubes
- 1 fluid ounce lemon-lime soda
- 1 fluid ounce pineapple juice
- 0.5 fluid ounce raspberry liqueur flavored
- 0.5 fluid ounce proof rum
- 0.5 fluid ounce tequila

- 0.5 fluid ounce triple sec
- 0.5 fluid ounce vodka
- 0.5 fluid ounce canadian whiskey
- 1 fluid ounce mix sweet sour
- 1 fluid ounce mix sweet sour

Equipment

Directions

- Combine the whisky, tequila, 151 proof rum, vodka, raspberry liqueur, coconut rum, triple sec, sweet and sour mix, lemon-lime soda, pineapple juice and ice in a cocktail shaker; shake. Strain into a glass filled with ice. Top with dash of grenadine syrup.

Nutrition Facts

PROTEIN 0.93% **FAT 1.59%** **CARBS 97.48%**

Properties

Glycemic Index:206, Glycemic Load:2.39, Inflammation Score:-3, Nutrition Score:1.2286956513543%

Nutrients (% of daily need)

Calories: 260.97kcal (13.05%), Fat: 0.12g (0.19%), Saturated Fat: 0.03g (0.21%), Carbohydrates: 17.09g (5.7%), Net Carbohydrates: 17.03g (6.19%), Sugar: 15.97g (17.74%), Cholesterol: 0mg (0%), Sodium: 18.46mg (0.8%), Alcohol: 27.83g (100%), Alcohol %: 8.81% (100%), Caffeine: 12.12mg (4.04%), Protein: 0.16g (0.33%), Manganese: 0.16mg (8.03%), Copper: 0.08mg (4.01%), Vitamin C: 2.96mg (3.58%), Magnesium: 7.14mg (1.78%), Vitamin B6: 0.03mg (1.49%), Vitamin B1: 0.02mg (1.47%), Potassium: 48.77mg (1.39%), Folate: 5.32µg (1.33%), Calcium: 11.89mg (1.19%)