



Two Brothers Chocolate Gobs

READY IN

ready

165 min.

SERVINGS

servings

8

CALORIES

calories

823 kcal

SIDE DISH

Ingredients

- ☐ 0.5 teaspoon double-acting baking powder
- ☐ 2 teaspoons baking soda
- ☐ 0.5 cup butter softened
- ☐ 1 cup buttermilk
- ☐ 0.5 cup cocoa
- ☐ 2 eggs
- ☐ 4 cups flour all-purpose
- ☐ 5 tablespoons flour all-purpose
- ☐ 8 servings maraschino cherries chopped

- ☐ 1 cup milk
- ☐ 8 servings food coloring red
- ☐ 1 cup sugar
- ☐ 2 cups sugar
- ☐ 1 teaspoon vanilla extract
- ☐ 0.5 cup vegetable shortening
- ☐ 1 cup water boiling

Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ sauce pan
- ☐ oven
- ☐ mixing bowl
- ☐ plastic wrap
- ☐ hand mixer

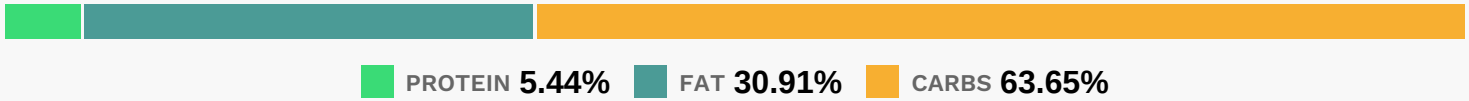
Directions

- ☐ Preheat oven to 425 degrees F.
- ☐ Cookie: In a large mixing bowl, cream together the sugar and shortening until fluffy.
- ☐ Add eggs and continue to beat. In a separate bowl, stir together buttermilk, boiling water, vanilla, and blend this into the creamed mixture at low speed.
- ☐ Sift together flour, baking powder, baking soda, and cocoa.
- ☐ Add to mixture 1 cup at a time, blending well at low speed. Batter will be very thin but do not worry. Drop by teaspoons onto ungreased cookie sheets.
- ☐ Bake for 5 minutes. Allow to cool and transfer to waxed paper.
- ☐ To make the filling, place flour in a saucepan and slowly add milk, stirring until smooth. Set over medium heat and cook, stirring until very thick.
- ☐ Mixture should become as thick as solid vegetable shortening.

- ☐
- Remove from heat and allow to cool completely.

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Nutrition Facts



Properties

Glycemic Index:62.65, Glycemic Load:90.51, Inflammation Score:-6, Nutrition Score:15.904347855112%

Flavonoids

Catechin: 3.48mg, Catechin: 3.48mg, Catechin: 3.48mg, Catechin: 3.48mg Epicatechin: 10.56mg, Epicatechin: 10.56mg, Epicatechin: 10.56mg, Epicatechin: 10.56mg Quercetin: 0.54mg, Quercetin: 0.54mg, Quercetin: 0.54mg, Quercetin: 0.54mg

Nutrients (% of daily need)

Calories: 823.01kcal (41.15%), Fat: 28.98g (44.58%), Saturated Fat: 12.52g (78.23%), Carbohydrates: 134.29g (44.76%), Net Carbohydrates: 130.33g (47.39%), Sugar: 80.11g (89.01%), Cholesterol: 78.38mg (26.13%), Sodium: 455.49mg (19.8%), Alcohol: 0.17g (100%), Alcohol %: 0.08% (100%), Caffeine: 12.36mg (4.12%), Protein: 11.48g (22.95%), Selenium: 29.22µg (41.74%), Vitamin B1: 0.57mg (38.03%), Manganese: 0.67mg (33.74%), Folate: 131.77µg (32.94%), Vitamin B2: 0.51mg (29.9%), Iron: 4.17mg (23.14%), Vitamin B3: 4.16mg (20.8%), Phosphorus: 199.16mg (19.92%), Copper: 0.33mg (16.69%), Fiber: 3.96g (15.85%), Magnesium: 50.49mg (12.62%), Calcium: 117.75mg (11.77%), Vitamin A: 515.11IU (10.3%), Vitamin E: 1.31mg (8.76%), Zinc: 1.25mg (8.36%), Vitamin B5: 0.81mg (8.1%), Vitamin K: 8.43µg (8.03%), Potassium: 261.77mg (7.48%), Vitamin B12: 0.42µg (7.08%), Vitamin D: 0.95µg (6.3%), Vitamin B6: 0.08mg (4.25%)