



Two-Tone Cheesecake Bars

READY IN



45 min.

SERVINGS



15

CALORIES



495 kcal

DESSERT

Ingredients

- 2 tablespoons butter
- 15 servings warm chocolate glaze
- 2 cups crème-filled chocolate sandwich cookies crushed finely
- 14 ounce eagle brand® condensed milk sweetened canned
- 1.8 cups confectioners' sugar
- 24 ounce cream cheese softened
- 3 eggs
- 1 dash salt
- 2 ounce chocolate unsweetened

- 2 teaspoons vanilla extract
- 3 tablespoons water hot

Equipment

- sauce pan
- oven
- mixing bowl
- baking pan

Directions

- Preheat oven to 300 degrees F.
- Combine crumbs and butter; press firmly on bottom of 13x9-inch baking pan.
- In large mixing bowl, beat cream cheese on low until fluffy. Gradually beat in sweetened condensed milk until smooth.
- Add eggs and vanilla; mix well.
- Pour half the batter evenly over prepared crust. Stir melted chocolate into remaining batter; pour evenly over plain batter.
- Bake 55 to 60 minutes or until set. Cool. Top with Chocolate Glaze. Chill thoroughly.
- Cut into bars. Refrigerate leftovers covered in refrigerator.
- Chocolate Glaze: In small saucepan, over low heat, melt chocolate with butter and salt.
- Remove from heat; add confectioners' sugar and hot water; mix well. Immediately spread over cheesecake. (Makes about 1 cup)

Nutrition Facts



PROTEIN 6.05% **FAT 46.78%** **CARBS 47.17%**

Properties

Glycemic Index:5.87, Glycemic Load:9.46, Inflammation Score:-5, Nutrition Score:8.8969564463781%

Flavonoids

Catechin: 2.43mg, Catechin: 2.43mg, Catechin: 2.43mg, Catechin: 2.43mg Epicatechin: 5.36mg, Epicatechin: 5.36mg, Epicatechin: 5.36mg, Epicatechin: 5.36mg

Nutrients (% of daily need)

Calories: 494.77kcal (24.74%), Fat: 26.38g (40.58%), Saturated Fat: 13.67g (85.45%), Carbohydrates: 59.84g (19.95%), Net Carbohydrates: 58.59g (21.31%), Sugar: 50.67g (56.31%), Cholesterol: 87.7mg (29.23%), Sodium: 293.77mg (12.77%), Alcohol: 0.18g (100%), Alcohol %: 0.17% (100%), Caffeine: 4.09mg (1.36%), Protein: 7.67g (15.35%), Iron: 3.51mg (19.48%), Vitamin B2: 0.32mg (18.81%), Selenium: 12.17µg (17.38%), Phosphorus: 170.27mg (17.03%), Vitamin A: 796.64IU (15.93%), Manganese: 0.32mg (15.75%), Calcium: 135.77mg (13.58%), Copper: 0.21mg (10.73%), Magnesium: 34.85mg (8.71%), Vitamin E: 1.12mg (7.5%), Zinc: 1.12mg (7.48%), Potassium: 257.83mg (7.37%), Vitamin K: 7.35µg (7%), Vitamin B5: 0.67mg (6.72%), Folate: 25.37µg (6.34%), Vitamin B1: 0.09mg (5.77%), Vitamin B12: 0.3µg (5.06%), Fiber: 1.25g (4.98%), Vitamin B3: 0.72mg (3.59%), Vitamin B6: 0.06mg (3.05%), Vitamin D: 0.23µg (1.53%)