



Ultimate Frozen Strawberry Margarita



Vegetarian



Vegan



Gluten Free



Dairy Free



Popular



Low Fod Map

READY IN



5 min.

SERVINGS



4

CALORIES



312 kcal

BEVERAGE

DRINK

Ingredients



4 fluid ounces limeade concentrate frozen



8 ounces strawberries in syrup frozen sliced



6 fluid ounces tequila



2 fluid ounces triple sec

Equipment

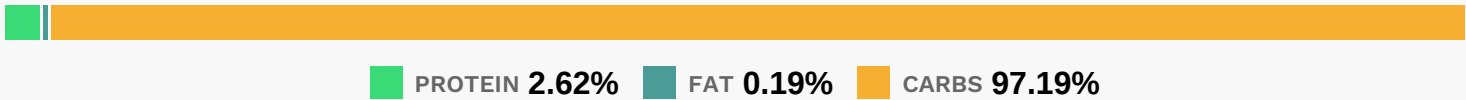


blender

Directions

- ☐ Fill a blender with ice and crush.
- ☐ Pour in the tequila and triple sec.
- ☐ Add the strawberries and limeade. Blend for 30 seconds or until smooth.
- ☐ Serve in margarita glasses with the rims dipped in powdered sugar.

Nutrition Facts



Properties

Glycemic Index:3.75, Glycemic Load:0, Inflammation Score:-2, Nutrition Score:0.37347825778567%

Nutrients (% of daily need)

Calories: 311.93kcal (15.6%), Fat: 0.04g (0.07%), Saturated Fat: 0.02g (0.1%), Carbohydrates: 50.69g (16.9%), Net Carbohydrates: 50.69g (18.43%), Sugar: 42.43g (47.15%), Cholesterol: 0mg (0%), Sodium: 42.77mg (1.86%), Alcohol: 18.66g (100%), Alcohol %: 16.26% (100%), Caffeine: 3.84mg (1.28%), Protein: 1.36g (2.73%), Calcium: 38.54mg (3.85%), Vitamin C: 0.92mg (1.11%)