



Ultimate Holiday Brownies

 Vegetarian  Vegan  Dairy Free

READY IN



120 min.

SERVINGS



16

CALORIES



369 kcal

DESSERT

Ingredients

- 1 box brownie mix betty crocker® (1 lb 2.4 oz)
- 1 cup creamy peanut butter white betty crocker® (from 16 oz container)
- 16 servings purple gel food coloring green
- 0.1 teaspoon peppermint extract
- 16 servings brownie mix for on brownie mix box

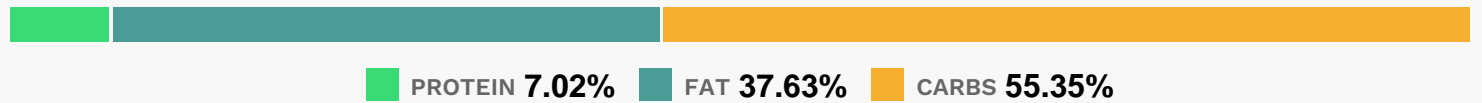
Equipment

- frying pan
- oven

Directions

- Heat oven to 350°F (325°F for dark or nonstick pan). Grease bottom only of 8-inch or 9-inch square pan with cooking spray or shortening. Make brownies as directed on box. Cool completely, about 1 hour.
- Stir together frosting, 1/8 to 1/4 teaspoon extract and food color until smooth.
- Spread frosting evenly over brownies.
- Sprinkle with crushed candies. For brownies, cut into 4 rows by 4 rows. Store tightly covered.

Nutrition Facts



Properties

Glycemic Index:0.88, Glycemic Load:0.4, Inflammation Score:-1, Nutrition Score:3.5421738956609%

Nutrients (% of daily need)

Calories: 369.23kcal (18.46%), Fat: 15.73g (24.2%), Saturated Fat: 3.24g (20.26%), Carbohydrates: 52.05g (17.35%), Net Carbohydrates: 51.27g (18.65%), Sugar: 32.39g (35.99%), Cholesterol: 0mg (0%), Sodium: 249.85mg (10.86%), Alcohol: 0.01g (100%), Alcohol %: 0.02% (100%), Protein: 6.6g (13.2%), Manganese: 0.24mg (11.82%), Iron: 2.02mg (11.21%), Vitamin B3: 2.14mg (10.72%), Vitamin E: 1.47mg (9.79%), Magnesium: 27.25mg (6.81%), Phosphorus: 54.67mg (5.47%), Vitamin B6: 0.07mg (3.58%), Folate: 13.87µg (3.47%), Copper: 0.07mg (3.39%), Fiber: 0.77g (3.1%), Zinc: 0.41mg (2.73%), Potassium: 90.99mg (2.6%), Vitamin B2: 0.03mg (1.81%), Vitamin B5: 0.17mg (1.71%), Vitamin B1: 0.02mg (1.48%)