



Upside-Down Sunshine Cake

 Dairy Free

READY IN



60 min.

SERVINGS



12

CALORIES



231 kcal

DESSERT

Ingredients

- 10 maraschino cherries
- 3 oz jell-o orange flavor gelatin
- 20 oz dole pineapple drained canned
- 0.8 cup cool whip whipped topping thawed
- 1 pkg duncan hines classic decadent cake mix yellow (2-layer size)

Equipment

- oven
- baking pan

toothpicks

Directions

Heat oven to 350F.

Spray 13x9-inch baking dish with cooking spray.

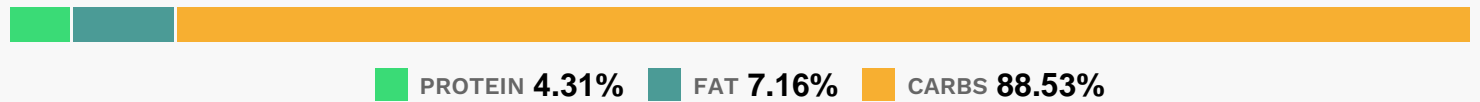
Sprinkle dry gelatin mix onto bottom of prepared dish. Top with pineapple; place cherry in center of each slice.

Prepare cake batter as directed on package; pour over fruit.

Bake 40 to 45 min. or until toothpick inserted in center comes out clean. Cool 5 min. Loosen cake from sides of dish; invert onto platter. Gently remove dish; cool cake completely.

Serve topped with COOL WHIP.

Nutrition Facts



Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:4.4356522171394%

Nutrients (% of daily need)

Calories: 231.27kcal (11.56%), Fat: 1.87g (2.88%), Saturated Fat: 1.23g (7.71%), Carbohydrates: 52.13g (17.38%), Net Carbohydrates: 50.86g (18.5%), Sugar: 34.21g (38.01%), Cholesterol: 0.09mg (0.03%), Sodium: 350.69mg (15.25%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 2.54g (5.08%), Phosphorus: 150.45mg (15.05%), Calcium: 104.26mg (10.43%), Vitamin B1: 0.15mg (9.92%), Folate: 32.01µg (8%), Vitamin B2: 0.12mg (6.86%), Iron: 1.06mg (5.89%), Vitamin B3: 1.14mg (5.69%), Vitamin C: 4.44mg (5.38%), Fiber: 1.26g (5.06%), Copper: 0.1mg (4.82%), Manganese: 0.08mg (4.18%), Vitamin B6: 0.07mg (3.49%), Magnesium: 12.03mg (3.01%), Selenium: 2.08µg (2.97%), Vitamin E: 0.43mg (2.88%), Potassium: 84.94mg (2.43%), Vitamin K: 1.79µg (1.71%), Vitamin B5: 0.16mg (1.6%), Zinc: 0.18mg (1.2%)