



Valerie's Cherry Choco-Chip Cake

READY IN



45 min.

SERVINGS



12

CALORIES



353 kcal

DESSERT

Ingredients

- 4 eggs
- 1 teaspoon ground cinnamon
- 3.5 ounce vanilla pudding mix instant
- 0.3 cup pecans chopped
- 1 cup yogurt plain
- 0.5 cup semi-sweet chocolate chips mini
- 0.3 cup vegetable oil
- 18.3 ounce cherry cake mix
- 0.3 cup sugar white

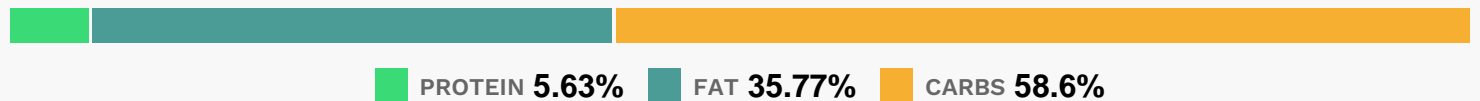
Equipment

- oven
- mixing bowl
- wire rack
- blender
- loaf pan

Directions

- Preheat oven to 350 degrees F (175 degrees C).
- Combine cake mix, pudding mix, oil, eggs, and sour cream or yogurt in large mixing bowl. With mixer at low speed, blend just to moisten, scraping sides of bowl often. Then beat at medium speed for 4 minutes.
- Stir in miniature chocolate chips and pecans.
- Pour batter into 2 greased and floured (or substitute granulated sugar for flour) 9 x 5-inch loaf pans.
- Combine topping ingredients and sprinkle equally on the batter.
- Bake for 40 to 45 minutes or until cake tester inserted in center comes out clean. Cool in pans on wire rack for 15 minutes.
- Remove from pans and finish cooling on wire racks.

Nutrition Facts



Properties

Glycemic Index:8.67, Glycemic Load:3.1, Inflammation Score:-2, Nutrition Score:7.5691304789937%

Flavonoids

Cyanidin: 0.24mg, Cyanidin: 0.24mg, Cyanidin: 0.24mg, Cyanidin: 0.24mg Delphinidin: 0.17mg, Delphinidin: 0.17mg, Delphinidin: 0.17mg, Delphinidin: 0.17mg Catechin: 0.16mg, Catechin: 0.16mg, Catechin: 0.16mg, Catechin: 0.16mg Epigallocatechin: 0.13mg, Epigallocatechin: 0.13mg, Epigallocatechin: 0.13mg, Epigallocatechin: 0.13mg Epicatechin: 0.02mg, Epicatechin: 0.02mg, Epicatechin: 0.02mg, Epicatechin: 0.02mg Epigallocatechin 3-gallate:

0.05mg, Epigallocatechin 3-gallate: 0.05mg, Epigallocatechin 3-gallate: 0.05mg, Epigallocatechin 3-gallate: 0.05mg

Nutrients (% of daily need)

Calories: 353.05kcal (17.65%), Fat: 14.18g (21.82%), Saturated Fat: 4.41g (27.54%), Carbohydrates: 52.28g (17.43%), Net Carbohydrates: 50.87g (18.5%), Sugar: 32.64g (36.26%), Cholesterol: 57.65mg (19.22%), Sodium: 382.3mg (16.62%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Caffeine: 6.27mg (2.09%), Protein: 5.02g (10.04%), Phosphorus: 219.25mg (21.93%), Manganese: 0.32mg (16.1%), Calcium: 135.57mg (13.56%), Selenium: 9.46µg (13.52%), Vitamin K: 13.04µg (12.42%), Vitamin B2: 0.2mg (11.65%), Folate: 39.01µg (9.75%), Iron: 1.65mg (9.16%), Copper: 0.17mg (8.41%), Vitamin B1: 0.12mg (8.18%), Vitamin E: 1.12mg (7.44%), Magnesium: 24.63mg (6.16%), Vitamin B3: 1.14mg (5.73%), Fiber: 1.41g (5.65%), Zinc: 0.81mg (5.39%), Vitamin B5: 0.47mg (4.73%), Potassium: 131.73mg (3.76%), Vitamin B12: 0.22µg (3.65%), Vitamin B6: 0.05mg (2.55%), Vitamin A: 104.82IU (2.1%), Vitamin D: 0.31µg (2.09%)