



Vampira



Vegetarian



Gluten Free



Low Fod Map

READY IN



5 min.

SERVINGS



1

CALORIES



132 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

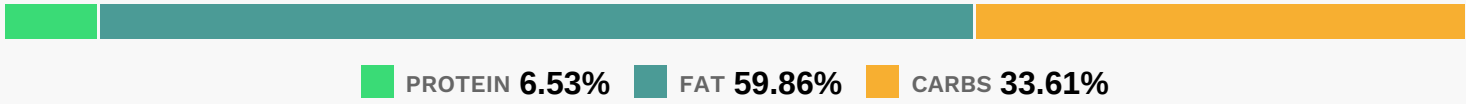
- ☐ 1 teaspoon hot sauce
- ☐ 1 serving ice cubes
- ☐ 1 ounce juice of lemon freshly squeezed
- ☐ 1 serving lime wedges
- ☐ 1 serving crema mexicana
- ☐ 1 pinch salt
- ☐ 1.5 ounces tequila 100% (agave)

Equipment

Directions

- ☐
- Fill a 10-ounce glass with ice. Scatter salt on the ice, then pour in the tequila, hot sauce, Clamato, and lemon juice. Top up the glass with grapefruit soda and stir gently.
- ☐
- Garnish with lemon and serve immediately.

Nutrition Facts



Properties

Glycemic Index:47, Glycemic Load:0.02, Inflammation Score:-3, Nutrition Score:1.3782608986873%

Flavonoids

Eriodictyol: 1.38mg, Eriodictyol: 1.38mg, Eriodictyol: 1.38mg, Eriodictyol: 1.38mg Hesperetin: 4.53mg, Hesperetin: 4.53mg, Hesperetin: 4.53mg, Hesperetin: 4.53mg Naringenin: 0.43mg, Naringenin: 0.43mg, Naringenin: 0.43mg, Naringenin: 0.43mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.11mg, Quercetin: 0.11mg, Quercetin: 0.11mg, Quercetin: 0.11mg

Nutrients (% of daily need)

Calories: 131.91kcal (6.6%), Fat: 2.43g (3.74%), Saturated Fat: 0.01g (0.09%), Carbohydrates: 3.07g (1.02%), Net Carbohydrates: 2.94g (1.07%), Sugar: 1.25g (1.39%), Cholesterol: 7.95mg (2.65%), Sodium: 209.96mg (9.13%), Alcohol: 14.2g (100%), Alcohol %: 12.25% (100%), Protein: 0.6g (1.19%), Vitamin C: 14.25mg (17.28%), Calcium: 28.06mg (2.81%), Vitamin A: 76.18IU (1.52%), Folate: 5.99µg (1.5%), Copper: 0.02mg (1.21%), Potassium: 36.84mg (1.05%), Vitamin B6: 0.02mg (1.01%)