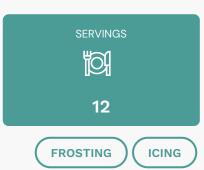


# Vanilla Buttercream Frosting







## **Ingredients**

	3 cups powdered sugar
1	

- 0.3 cup butter softened
- 1.5 teaspoons vanilla
- 1 tablespoons milk

## **Equipment**

- bowl
- hand mixer

### **Directions**

	In medium bowl, mix powdered sugar and butter with spoon or electric mixer on low speed.
	Stir in vanilla and 1 tablespoon of the milk.
	Gradually beat in just enough remaining milk to make frosting smooth and spreadable. If
	frosting is too thick, beat in more milk, a few drops at a time. If frosting becomes too thin,

### **Nutrition Facts**

beat in a small amount of powdered sugar. Frosts 13x9-inch cake generously, or fills and



#### **Properties**

Glycemic Index:7.33, Glycemic Load:0.02, Inflammation Score:-1, Nutrition Score:0.32826087065041%

#### **Nutrients** (% of daily need)

frosts an 8- or 9-inch two-layer cake.

Calories: 164.1kcal (8.21%), Fat: 5.15g (7.93%), Saturated Fat: 3.26g (20.4%), Carbohydrates: 30.07g (10.02%), Net Carbohydrates: 30.07g (10.93%), Sugar: 29.47g (32.74%), Cholesterol: 13.71mg (4.57%), Sodium: 41.66mg (1.81%), Alcohol: 0.17g (100%), Alcohol %: 0.57% (100%), Protein: 0.09g (0.19%), Vitamin A: 159.6IU (3.19%)