

Vanilla Latte Frosting

BEVERAGE

DRINK





Ingredients

0.3 cup butter room temperature

1 cup confectioners' sugar sifted

1.5 teaspoons ground coffee

____ 1.5 teaspoons half-and-half

1 teaspoon vanilla extract

Equipment

stand mixer

Directions Beat sugar, butter, and vanilla extract together in a stand mixer until creamy. Add half-and-half; beat until frosting is fluffy. Stir in coffee until evenly combined. Nutrition Facts PROTEIN 0.32% FAT 46.51% CARBS 53.17%

Properties

Glycemic Index:6.25, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:0.32478260394672%

Nutrients (% of daily need)

Calories: 111.88kcal (5.59%), Fat: 5.86g (9.02%), Saturated Fat: 3.71g (23.2%), Carbohydrates: 15.08g (5.03%), Net Carbohydrates: 15.08g (5.48%), Sugar: 14.78g (16.42%), Cholesterol: 15.58mg (5.19%), Sodium: 46.53mg (2.02%), Alcohol: 0.17g (100%), Alcohol %: 0.9% (100%), Protein: 0.09g (0.18%), Vitamin A: 180.59IU (3.61%), Vitamin E: 0.17mg (1.11%)