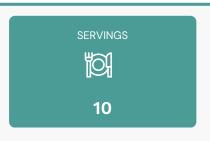


Vegan Chocolate Cake with White Frosting and Chocolate Ganache







DESSERT

Ingredients

1.5 teaspoons double-acting baking powder
1.5 teaspoons baking soda
0.8 cup cocoa powder
6 tablespoons vanilla dairy-free creamer french barista style (such as So Delicious Coconut Milk Creamer Vanilla)
12 oz dairy-free chocolate chips
0.7 cup vanilla dairy-free yogurt (such as So Delicious Vanilla Cultured Coconut Milk Yogurt)
2.8 cup flour all-purpose (I use King Arthur)

	1 cup milk alternative unsweetened (such as So Delicious Coconut Milk Beverage)
	0.5 cup oil
	1 teaspoon salt
	2 cups sugar
	7.5 cups confectioner's sugar
	2 teaspoons vanilla extract
	3 sticks earth balance vegan buttery spread softened ()
	1 cup water boiling
Eq	uipment
	bowl
	sauce pan
	oven
	mixing bowl
Directions	
	You are making the Ganache first as it needs time to set
	In a small sauce pan warm creamer until it begins to boil.
	Place chocolate in a bowl and pour warm creamer over top. Stir until smooth. Set aside for later.Preheat oven 350°F. Grease and flour two 9-inch round cake pans.
	Mix dry ingredients in mixing bowl.
	Add yogurt, milk, oil, and vanilla, and mix until blended. Slowly add boiling water and mix well.
	Pour into prepared pans.
	Bake 30 to 35 minutes.
	Remove from oven, cool for 10 minutes.Put cake on plates. Cool completely.Cream buttery spread.Slowly mix in confectioner's sugar.
	Add creamer one tablespoon at a time to achieve desired consistency. Put frosting on top of 1st layer (thick) Top with top layer. Frost cake, top should be thick. Stir Ganache.
	Drizzle ganache on sides of cake.Carefully, cover top with ganache.



Nutrition Facts

PROTEIN 2.47% FAT 27.77% CARBS 69.76%

Properties

Glycemic Index:34.06, Glycemic Load:151.86, Inflammation Score:-8, Nutrition Score:15.713043534237%

Flavonoids

Catechin: 4.18mg, Catechin: 4.18mg, Catechin: 4.18mg, Catechin: 4.18mg Epicatechin: 12.67mg, Epicatechin: 12.67mg, Epicatechin: 12.67mg, Epicatechin: 12.67mg, Quercetin: 0.64mg, Quercetin: 0.64mg, Quercetin: 0.64mg, Quercetin: 0.64mg

Nutrients (% of daily need)

Calories: 1337.28kcal (66.86%), Fat: 43.32g (66.65%), Saturated Fat: 18.35g (114.67%), Carbohydrates: 244.81g (81.6%), Net Carbohydrates: 238.65g (86.78%), Sugar: 210.01g (233.35%), Cholesterol: 0.33mg (0.11%), Sodium: 702.07mg (30.52%), Alcohol: 0.28g (100%), Alcohol %: 0.09% (100%), Caffeine: 14.84mg (4.95%), Protein: 8.68g (17.36%), Vitamin E: 7.25mg (48.32%), Manganese: 0.72mg (35.88%), Iron: 5.55mg (30.86%), Vitamin A: 1331.97IU (26.64%), Fiber: 6.16g (24.65%), Selenium: 16.39µg (23.42%), Vitamin K: 20.88µg (19.89%), Vitamin B1: 0.29mg (19.55%), Copper: 0.39mg (19.43%), Folate: 73.16µg (18.29%), Vitamin B2: 0.27mg (15.85%), Phosphorus: 142.45mg (14.25%), Calcium: 137mg (13.7%), Vitamin B3: 2.67mg (13.34%), Magnesium: 51.58mg (12.89%), Potassium: 256.96mg (7.34%), Zinc: 1.01mg (6.71%), Vitamin B6: 0.06mg (2.92%), Vitamin B12: 0.17µg (2.9%), Vitamin B5: 0.21mg (2.11%), Vitamin C: 1.43mg (1.74%)