



Venice Sunset Cocktail



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



5 min.

SERVINGS



4

CALORIES



133 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 4 ounces amaretto
- ☐ 24 inch bamboo skewers
- ☐ 12 cherries frozen
- ☐ 2 tablespoons reserved cherry sauce from donuts italian with cherry sauce, cooled
- ☐ 0.3 cup sparkling grape juice white
- ☐ 0.5 cup grapefruit juice

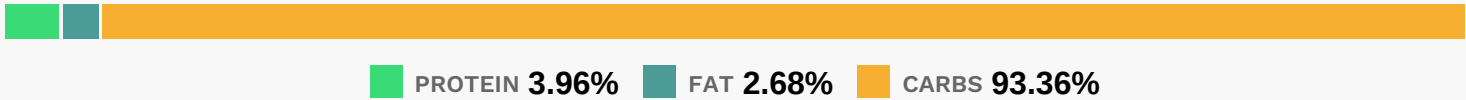
Equipment

- ☐ skewers

Directions

- ☐ Watch how to make this recipe.
- ☐ Thread 3 frozen cherries onto each skewer. Put in the freezer until ready to garnish the drinks.
- ☐ Pour 2 tablespoons of grapefruit juice into each of 4 champagne flutes and top with the 1/4 cup of sparkling grape juice.
- ☐ Add 1/2 tablespoon of the reserved cherry sauce and garnish with the frozen cherry skewers.
- ☐ For the adults, add 1-ounce of Amaretto liqueur.

Nutrition Facts



Properties

Glycemic Index:31, Glycemic Load:2.61, Inflammation Score:-2, Nutrition Score:1.9586956416783%

Flavonoids

Cyanidin: 9.62mg, Cyanidin: 9.62mg, Cyanidin: 9.62mg, Cyanidin: 9.62mg Petunidin: 0.16mg, Petunidin: 0.16mg, Petunidin: 0.16mg, Petunidin: 0.16mg Delphinidin: 0.3mg, Delphinidin: 0.3mg, Delphinidin: 0.3mg, Delphinidin: 0.3mg Malvidin: 1.77mg, Malvidin: 1.77mg, Malvidin: 1.77mg, Malvidin: 1.77mg Pelargonidin: 0.09mg, Pelargonidin: 0.09mg, Pelargonidin: 0.09mg, Pelargonidin: 0.09mg Peonidin: 0.64mg, Peonidin: 0.64mg, Peonidin: 0.64mg, Peonidin: 0.64mg Catechin: 1.5mg, Catechin: 1.5mg, Catechin: 1.5mg, Catechin: 1.5mg Epigallocatechin: 0.11mg, Epigallocatechin: 0.11mg, Epigallocatechin: 0.11mg, Epigallocatechin: 0.11mg Epicatechin: 1.66mg, Epicatechin: 1.66mg, Epicatechin: 1.66mg, Epicatechin: 1.66mg Epicatechin 3-gallate: 0.02mg, Epicatechin 3-gallate: 0.02mg, Epicatechin 3-gallate: 0.02mg, Epicatechin 3-gallate: 0.02mg Isorhamnetin: 0.02mg, Isorhamnetin: 0.02mg, Isorhamnetin: 0.02mg, Isorhamnetin: 0.02mg Kaempferol: 0.08mg, Kaempferol: 0.08mg, Kaempferol: 0.08mg, Kaempferol: 0.08mg Myricetin: 0.13mg, Myricetin: 0.13mg, Myricetin: 0.13mg, Myricetin: 0.13mg Quercetin: 0.83mg, Quercetin: 0.83mg, Quercetin: 0.83mg, Quercetin: 0.83mg

Nutrients (% of daily need)

Calories: 133.05kcal (6.65%), Fat: 0.26g (0.4%), Saturated Fat: 0.06g (0.37%), Carbohydrates: 20.25g (6.75%), Net Carbohydrates: 19.32g (7.02%), Sugar: 18.93g (21.03%), Cholesterol: 0mg (0%), Sodium: 4.72mg (0.21%), Alcohol: 7.37g (100%), Alcohol %: 7.77% (100%), Caffeine: 7.37mg (2.46%), Protein: 0.86g (1.72%), Vitamin C: 10.32mg (12.5%), Manganese: 0.09mg (4.43%), Potassium: 154.63mg (4.42%), Fiber: 0.93g (3.73%), Copper: 0.05mg (2.52%), Magnesium: 9.44mg (2.36%), Vitamin B6: 0.04mg (2.06%), Iron: 0.34mg (1.87%), Phosphorus: 17.56mg (1.76%), Vitamin B2: 0.02mg (1.18%), Vitamin B5: 0.11mg (1.14%), Zinc: 0.17mg (1.13%), Vitamin B3: 0.22mg (1.1%), Vitamin B1: 0.02mg (1.08%)