



Vicksburg Cheese Ball



Vegetarian



Gluten Free

READY IN



20 min.

SERVINGS



3

CALORIES



976 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 8 ounce cream cheese softened
- ☐ 1 cup nuts mixed chopped
- ☐ 2 tablespoons paprika
- ☐ 3 ounce roquefort cheese
- ☐ 8 ounce cheddar cheese shredded

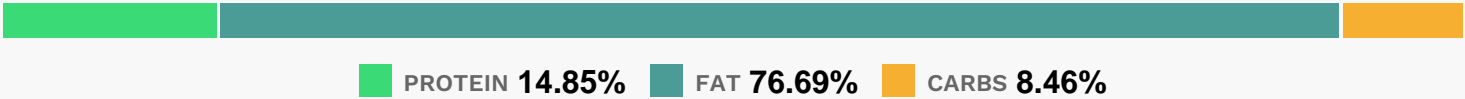
Equipment

- ☐ bowl
- ☐ wax paper

Directions

- ☐ In a medium bowl, blend the Cheddar cheese, cream cheese and Roquefort cheese with a fork until smooth.
- ☐ On a large sheet of wax paper, sprinkle paprika. Form cheese mixture into desired shape, and roll in the paprika until covered.
- ☐ Sprinkle mixed nuts on wax paper.
- ☐ Roll cheese mixture in mixed nuts until coated.
- ☐ Place in a medium bowl between sheets of wax paper, and chill in the refrigerator until serving.

Nutrition Facts



Properties

Glycemic Index:41.89, Glycemic Load:4.24, Inflammation Score:-10, Nutrition Score:29.945217475943%

Nutrients (% of daily need)

Calories: 975.93kcal (48.8%), Fat: 85.69g (131.84%), Saturated Fat: 38.66g (241.61%), Carbohydrates: 21.27g (7.09%), Net Carbohydrates: 15.32g (5.57%), Sugar: 3.57g (3.97%), Cholesterol: 177.47mg (59.16%), Sodium: 1253.57mg (54.5%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 37.33g (74.67%), Vitamin A: 4375.33IU (87.51%), Calcium: 839.77mg (83.98%), Phosphorus: 761.72mg (76.17%), Manganese: 1.03mg (51.42%), Vitamin B2: 0.83mg (48.64%), Selenium: 32.3µg (46.14%), Zinc: 5.77mg (38.45%), Magnesium: 152.03mg (38.01%), Copper: 0.7mg (34.77%), Fiber: 5.95g (23.79%), Vitamin B5: 1.93mg (19.29%), Vitamin B12: 1.15µg (19.15%), Vitamin B6: 0.37mg (18.58%), Iron: 3.13mg (17.36%), Vitamin E: 2.58mg (17.17%), Potassium: 576.76mg (16.48%), Folate: 62.86µg (15.71%), Vitamin B3: 3.04mg (15.21%), Vitamin B1: 0.16mg (10.8%), Vitamin K: 7.15µg (6.81%), Vitamin D: 0.45µg (3.02%)