



## Vietnamese Iced Coffee

 Vegetarian  Gluten Free

READY IN



10 min.

SERVINGS



4

CALORIES



123 kcal

BEVERAGE

DRINK

### Ingredients

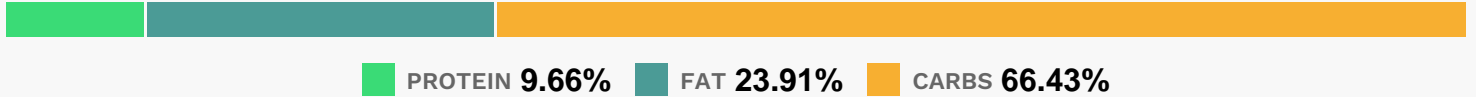
- 0.5 cup roast ground coffee beans dark
- 16 ice cubes
- 0.5 cup condensed milk sweetened
- 4 cups water

### Equipment

### Directions

- Brew coffee with water using your preferred method to make brewed coffee. Spoon 2 tablespoons of sweetened condensed milk into each of 4 coffee cups.
- Pour 1 cup of fresh hot coffee into each cup, and stir to dissolve the milk.
- Serve guests cups of coffee, and give each one a tall glass with 4 ice cubes, and a long handled spoon. Guests pour hot coffee over the ice cubes and stir briskly with the long handled spoon, making an agreeable clatter with the ice cubes to chill the coffee.

## Nutrition Facts



### Properties

Glycemic Index:15.25, Glycemic Load:12.69, Inflammation Score:-1, Nutrition Score:2.8986956470686%

### Nutrients (% of daily need)

Calories: 122.78kcal (6.14%), Fat: 3.33g (5.12%), Saturated Fat: 2.1g (13.12%), Carbohydrates: 20.81g (6.94%), Net Carbohydrates: 20.81g (7.57%), Sugar: 20.81g (23.12%), Cholesterol: 13.01mg (4.34%), Sodium: 63.21mg (2.75%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Caffeine: 16.09mg (5.36%), Protein: 3.03g (6.05%), Calcium: 117.41mg (11.74%), Phosphorus: 96.77mg (9.68%), Vitamin B2: 0.16mg (9.36%), Selenium: 5.66µg (8.09%), Potassium: 141.91mg (4.05%), Magnesium: 12.87mg (3.22%), Vitamin B5: 0.29mg (2.87%), Vitamin B12: 0.17µg (2.81%), Copper: 0.05mg (2.63%), Zinc: 0.39mg (2.59%), Vitamin B1: 0.03mg (2.3%), Vitamin A: 102.13IU (2.04%), Vitamin C: 0.99mg (1.21%), Folate: 4.21µg (1.05%)