

Vieux Carre



Gluten Free



Dairy Free



Low Fod Map

READY IN



5 min.

SERVINGS



1

CALORIES



176 kcal

BEVERAGE

DRINK

Ingredients

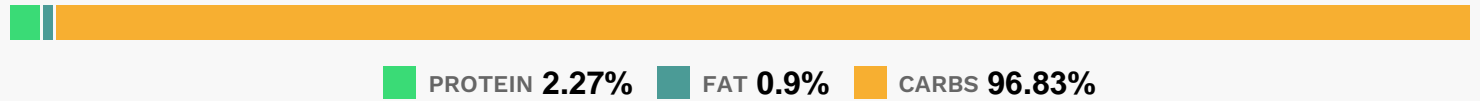
- 1 dash angostura bitters
- 1 dash peychaud bitters
- 1.5 fluid ounces cognac
- 1.5 cups ice cubes
- 2 inch lemon zest for garnish
- 0.1 ounce liqueur benedictine®
- 0.5 fluid ounce rye whiskey
- 0.5 fluid ounce vermouth sweet

Equipment

Directions

- Fill a short cocktail glass with ice.
- Pour in cognac, whiskey, Benedictine, and sweet vermouth.
- Add Peychaud and Angostura bitters. Twist a lemon peel over the drink and drop it in.

Nutrition Facts



Properties

Glycemic Index:30, Glycemic Load:0, Inflammation Score:-3, Nutrition Score:0.88304349229388%

Nutrients (% of daily need)

Calories: 176.19kcal (8.81%), Fat: 0.02g (0.02%), Saturated Fat: 0g (0.01%), Carbohydrates: 3.69g (1.23%), Net Carbohydrates: 3.15g (1.15%), Sugar: 1.87g (2.07%), Cholesterol: 0mg (0%), Sodium: 18.49mg (0.8%), Alcohol: 23.87g (100%), Alcohol %: 6.89% (100%), Protein: 0.09g (0.17%), Vitamin C: 6.55mg (7.94%), Copper: 0.07mg (3.64%), Fiber: 0.54g (2.15%), Calcium: 17.45mg (1.75%), Magnesium: 4.31mg (1.08%)