



## Vinegar-Coarse Salt Chipotle Roasted Potatoes

 Vegetarian  Vegan  Gluten Free  Dairy Free

READY IN



75 min.

SERVINGS



6

CALORIES



227 kcal

SIDE DISH

### Ingredients

- 1 teaspoon chili powder
- 0.5 teaspoon ground cumin
- 2 tablespoons kosher salt
- 0.3 cup olive oil
- 1 tablespoon coarse pepper black
- 1 small onion red cut into medium wedges
- 0.3 cup red wine vinegar

6 small russet potatoes

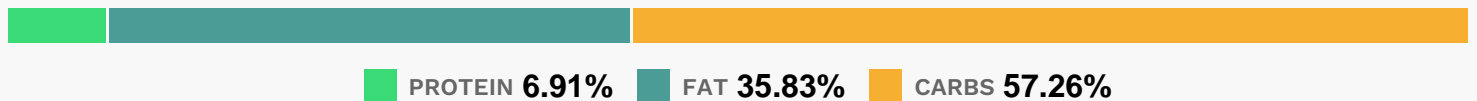
## Equipment

- bowl
- frying pan
- oven
- baking pan

## Directions

- Preheat oven to 350 degrees F.
- In a large bowl, mix vinegar, cumin and chili powder. Slice potatoes into 1-inch size chunks. Toss potatoes with vinegar mixture.
- Let sit for 5 to 10 minutes.
- Drizzle olive oil over potatoes and place them in a single layer in large rimmed baking pan or roasting dish. Season with salt and pepper. Roast, uncovered for 40 minutes, stirring occasionally.
- Remove potatoes from oven, add onions and mix together. Return pan to oven and roast for an additional 20 minutes.
- Serve warm with Argentinean Steak and Chimichurri Sauce, if desired.

## Nutrition Facts



## Properties

Glycemic Index:24.79, Glycemic Load:24.67, Inflammation Score:-4, Nutrition Score:9.040434702583%

## Flavonoids

Apigenin: 0.01mg, Apigenin: 0.01mg, Apigenin: 0.01mg, Apigenin: 0.01mg Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg Isorhamnetin: 0.92mg, Isorhamnetin: 0.92mg, Isorhamnetin: 0.92mg, Isorhamnetin: 0.92mg Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 3.72mg, Quercetin: 3.72mg, Quercetin: 3.72mg, Quercetin: 3.72mg

## Nutrients (% of daily need)

Calories: 227.16kcal (11.36%), Fat: 9.27g (14.26%), Saturated Fat: 1.32g (8.24%), Carbohydrates: 33.34g (11.11%), Net Carbohydrates: 30.43g (11.07%), Sugar: 1.87g (2.07%), Cholesterol: 0mg (0%), Sodium: 2341.64mg (101.81%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 4.02g (8.04%), Vitamin B6: 0.62mg (30.96%), Manganese: 0.44mg (21.99%), Potassium: 762.89mg (21.8%), Vitamin C: 11.11mg (13.47%), Fiber: 2.91g (11.63%), Magnesium: 44.21mg (11.05%), Iron: 1.88mg (10.45%), Phosphorus: 103.03mg (10.3%), Copper: 0.2mg (10.16%), Vitamin B1: 0.15mg (10.05%), Vitamin K: 10.55µg (10.05%), Vitamin E: 1.46mg (9.73%), Vitamin B3: 1.84mg (9.19%), Folate: 27.56µg (6.89%), Vitamin B5: 0.55mg (5.51%), Vitamin B2: 0.07mg (3.91%), Zinc: 0.57mg (3.78%), Calcium: 35.53mg (3.55%), Vitamin A: 108.49IU (2.17%), Selenium: 0.9µg (1.29%)