



Vodka Martini Cocktail



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



4 min.

SERVINGS



1

CALORIES



246 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 1 fluid ounce vermouth dry
- ☐ 1 cup ice cubes
- ☐ 3 olives
- ☐ 3 fluid ounces vodka

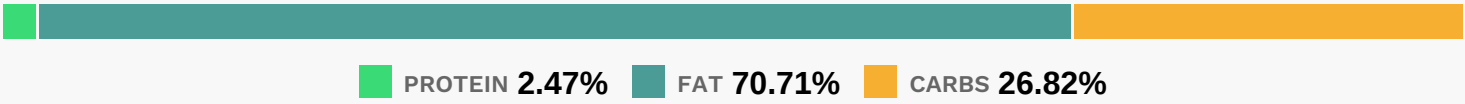
Equipment

- ☐ toothpicks

Directions

- ☐
- Combine vodka and dry vermouth in a cocktail mixing glass. Fill with ice and stir until chilled. Strain into a chilled martini glass.
- ☐
- Garnish with three olives on a toothpick.

Nutrition Facts



Properties

Glycemic Index:15, Glycemic Load:0, Inflammation Score:-4, Nutrition Score:0.59739130468148%

Flavonoids

Luteolin: 0.07mg, Luteolin: 0.07mg, Luteolin: 0.07mg, Luteolin: 0.07mg

Nutrients (% of daily need)

Calories: 245.98kcal (12.3%), Fat: 1.84g (2.82%), Saturated Fat: 0.24g (1.52%), Carbohydrates: 1.57g (0.52%), Net Carbohydrates: 1.17g (0.43%), Sugar: 0.06g (0.07%), Cholesterol: 0mg (0%), Sodium: 199.92mg (8.69%), Alcohol: 32.44g (100%), Alcohol %: 11.21% (100%), Protein: 0.14g (0.29%), Copper: 0.06mg (3.06%), Vitamin E: 0.46mg (3.05%), Fiber: 0.4g (1.58%), Calcium: 13.34mg (1.33%)