



## Vodka Mojito

 Vegetarian  Vegan  Gluten Free  Dairy Free  Low Fod Map

READY IN



3 min.

SERVINGS



4

CALORIES



343 kcal

BEVERAGE

DRINK

## Ingredients

- 1 cup club soda chilled
- 1 cup mint leaves fresh packed
- 4 servings ice cubes
- 0.3 cup juice of lime fresh (from 2 to 3 large limes)
- 4 servings mint sprigs fresh for garnish
- 1 cup sugar
- 1 cup vodka chilled
- 1 cup water

## Equipment

- frying pan
- sauce pan

## Directions

- Watch how to make this recipe.
- In a pitcher, combine the Simple Syrup, vodka, lime juice, and club soda.
- Pour into ice-filled glasses and garnish with mint sprigs.
- In a small saucepan, over medium heat, combine the sugar, water, and mint leaves. Bring to a boil, reduce the heat, and simmer for 5 minutes, stirring occasionally, until the sugar has dissolved.
- Remove the pan from the heat and allow the syrup to cool for 20 minutes. Strain before using, pressing on the mint leaves to extract as much syrup as possible.

## Nutrition Facts

**PROTEIN 0.97%** **FAT 1.19%** **CARBS 97.84%**

## Properties

Glycemic Index:21.27, Glycemic Load:34.91, Inflammation Score:-5, Nutrition Score:2.7795652254768%

## Flavonoids

Eriodictyol: 4.12mg, Eriodictyol: 4.12mg, Eriodictyol: 4.12mg, Eriodictyol: 4.12mg Hesperetin: 2.6mg, Hesperetin: 2.6mg, Hesperetin: 2.6mg, Hesperetin: 2.6mg Naringenin: 0.06mg, Naringenin: 0.06mg, Naringenin: 0.06mg, Naringenin: 0.06mg Apigenin: 0.66mg, Apigenin: 0.66mg, Apigenin: 0.66mg, Apigenin: 0.66mg Luteolin: 1.55mg, Luteolin: 1.55mg, Luteolin: 1.55mg, Luteolin: 1.55mg Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg

## Nutrients (% of daily need)

Calories: 343.46kcal (17.17%), Fat: 0.29g (0.44%), Saturated Fat: 0.03g (0.2%), Carbohydrates: 52.9g (17.63%), Net Carbohydrates: 51.86g (18.86%), Sugar: 50.16g (55.73%), Cholesterol: 0mg (0%), Sodium: 23.38mg (1.02%), Alcohol: 20.04g (100%), Alcohol %: 8.15% (100%), Protein: 0.52g (1.05%), Vitamin A: 527.94IU (10.56%), Vitamin C: 8.43mg (10.22%), Manganese: 0.15mg (7.47%), Fiber: 1.04g (4.16%), Calcium: 38.8mg (3.88%), Folate: 15.48µg (3.87%), Copper: 0.08mg (3.79%), Iron: 0.67mg (3.74%), Magnesium: 12.75mg (3.19%), Vitamin B2: 0.05mg (2.86%), Potassium: 90.18mg (2.58%), Zinc: 0.22mg (1.49%), Phosphorus: 14.06mg (1.41%), Vitamin B3: 0.23mg (1.15%),

Vitamin B1: 0.02mg (1.12%), Vitamin B6: 0.02mg (1.08%)