



Waldorf Astoria Cake Frosting

 Gluten Free

READY IN



30 min.

SERVINGS



4

CALORIES



930 kcal

DESSERT

Ingredients

- 1 teaspoon butter extract flavored
- 16 ounce confectioners' sugar
- 1 teaspoon clear imitation vanilla extract
- 0.7 cup milk
- 0.1 teaspoon salt
- 1 cup shortening

Equipment

- bowl

Directions

In a large bowl, combine confectioners sugar, shortening, milk, salt, butter flavored extract and vanilla. Beat until smooth and fluffy.

Nutrition Facts

PROTEIN 0.57% **FAT 50.84%** **CARBS 48.59%**

Properties

Glycemic Index:22, Glycemic Load:0.72, Inflammation Score:1, Nutrition Score:3.7700000260349%

Nutrients (% of daily need)

Calories: 930.41kcal (46.52%), Fat: 53.57g (82.41%), Saturated Fat: 14.21g (88.82%), Carbohydrates: 115.2g (38.4%), Net Carbohydrates: 115.2g (41.89%), Sugar: 112.99g (125.54%), Cholesterol: 7.57mg (2.52%), Sodium: 100.57mg (4.37%), Alcohol: 0.34g (100%), Alcohol %: 0.21% (100%), Protein: 1.35g (2.69%), Vitamin K: 27.47µg (26.17%), Vitamin E: 3.19mg (21.27%), Calcium: 52.12mg (5.21%), Vitamin B5: 0.5mg (5.02%), Vitamin B2: 0.08mg (4.65%), Phosphorus: 41.43mg (4.14%), Vitamin B12: 0.22µg (3.7%), Vitamin D: 0.45µg (2.98%), Vitamin B1: 0.03mg (2.21%), Selenium: 1.47µg (2.09%), Vitamin A: 97.12IU (1.94%), Potassium: 65.06mg (1.86%), Vitamin B6: 0.03mg (1.28%), Magnesium: 5.03mg (1.26%), Zinc: 0.18mg (1.2%)