

# Wallaby-Darned

 Vegetarian  Vegan  Gluten Free  Dairy Free

READY IN



5 min.

SERVINGS



2

CALORIES



255 kcal

BEVERAGE

DRINK

## Ingredients

- 0.5 cup champagne
- 1 cup ice cubes
- 1.5 fluid ounce peach schnapps
- 16 ounce peaches frozen sliced
- 1 tablespoon sugar
- 1.5 fluid ounce vodka
- 0.5 cup frangelico
- 0.5 cup frangelico

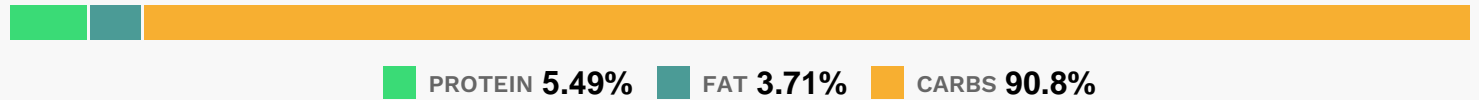
# Equipment

blender

# Directions

Place the vodka, schnapps, sugar, champagne, peaches, fuzzy navel mix, and ice into a blender. Blend until smooth and serve.

# Nutrition Facts



# Properties

Glycemic Index:62.67, Glycemic Load:12.04, Inflammation Score:-7, Nutrition Score:6.1999999751215%

# Flavonoids

Cyanidin: 4.35mg, Cyanidin: 4.35mg, Cyanidin: 4.35mg, Cyanidin: 4.35mg Catechin: 11.16mg, Catechin: 11.16mg, Catechin: 11.16mg, Catechin: 11.16mg Epigallocatechin: 2.36mg, Epigallocatechin: 2.36mg, Epigallocatechin: 2.36mg, Epigallocatechin: 2.36mg Epicatechin: 5.31mg, Epicatechin: 5.31mg, Epicatechin: 5.31mg, Epicatechin: 5.31mg Epigallocatechin 3-gallate: 0.68mg, Epigallocatechin 3-gallate: 0.68mg, Epigallocatechin 3-gallate: 0.68mg, Epigallocatechin 3-gallate: 0.68mg Kaempferol: 0.5mg, Kaempferol: 0.5mg, Kaempferol: 0.5mg, Kaempferol: 0.5mg Quercetin: 1.5mg, Quercetin: 1.5mg, Quercetin: 1.5mg, Quercetin: 1.5mg

# Nutrients (% of daily need)

Calories: 255.49kcal (12.77%), Fat: 0.63g (0.97%), Saturated Fat: 0.04g (0.27%), Carbohydrates: 34.81g (11.6%), Net Carbohydrates: 31.4g (11.42%), Sugar: 30.84g (34.27%), Cholesterol: 0mg (0%), Sodium: 39.81mg (1.73%), Alcohol: 11.18g (100%), Alcohol %: 3.12% (100%), Protein: 2.11g (4.21%), Vitamin A: 739.36IU (14.79%), Fiber: 3.4g (13.61%), Vitamin C: 9.3mg (11.27%), Vitamin E: 1.66mg (11.04%), Copper: 0.2mg (10.25%), Vitamin B3: 1.89mg (9.43%), Potassium: 328.95mg (9.4%), Selenium: 4.92µg (7.02%), Manganese: 0.14mg (6.93%), Vitamin K: 6.8µg (6.48%), Magnesium: 25.23mg (6.31%), Phosphorus: 59.85mg (5.99%), Iron: 1.01mg (5.62%), Vitamin B2: 0.08mg (4.64%), Zinc: 0.58mg (3.88%), Vitamin B1: 0.06mg (3.7%), Folate: 14.2µg (3.55%), Vitamin B5: 0.35mg (3.47%), Vitamin B6: 0.07mg (3.42%), Calcium: 17.99mg (1.8%)