



Warm Savannah Peach Cocktail



Vegetarian



Gluten Free

READY IN



15 min.

SERVINGS



2

CALORIES



872 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 2 tablespoons cocoa
- ☐ 2 servings coconut or toasted for garnish
- ☐ 2 ounces malibu coconut rum
- ☐ 1 cup heavy cream
- ☐ 3 cups milk
- ☐ 2 ounces peach schnapps
- ☐ 0.3 cup powdered sugar
- ☐ 3 tablespoons sugar

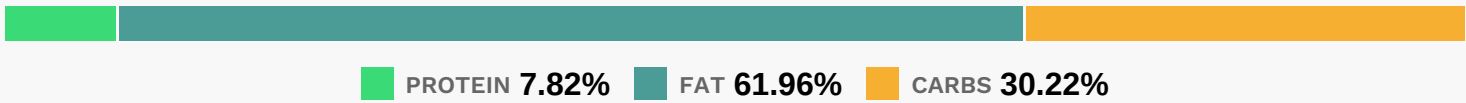
Equipment

- ☐ bowl
- ☐ whisk
- ☐ pot
- ☐ hand mixer

Directions

- ☐ Heat milk to a simmer in a medium saucepot over medium-low heat.
- ☐ Whisk in sugar and cocoa powder and turn heat to low.
- ☐ In a large bowl combine heavy cream and powdered sugar. Using a whisk or hand mixer whip cream until soft peaks form.
- ☐ Add 1-ounce of each type of liqueur to 2 large, heat resistant glasses or mugs. Fill glasses with the hot chocolate and garnish with whipped cream and toasted coconut.

Nutrition Facts



Properties

Glycemic Index:59.05, Glycemic Load:19.12, Inflammation Score:-9, Nutrition Score:19.929565212001%

Flavonoids

Catechin: 3.24mg, Catechin: 3.24mg, Catechin: 3.24mg, Catechin: 3.24mg Epicatechin: 9.82mg, Epicatechin: 9.82mg, Epicatechin: 9.82mg, Epicatechin: 9.82mg Quercetin: 0.5mg, Quercetin: 0.5mg, Quercetin: 0.5mg, Quercetin: 0.5mg

Nutrients (% of daily need)

Calories: 871.51kcal (43.58%), Fat: 58.76g (90.41%), Saturated Fat: 37.55g (234.69%), Carbohydrates: 64.48g (21.49%), Net Carbohydrates: 61.73g (22.45%), Sugar: 61g (67.78%), Cholesterol: 178.39mg (59.46%), Sodium: 174.74mg (7.6%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Caffeine: 11.5mg (3.83%), Protein: 16.7g (33.39%), Calcium: 536.85mg (53.69%), Phosphorus: 486.68mg (48.67%), Vitamin A: 2342.22IU (46.84%), Vitamin B2: 0.75mg (44.07%), Vitamin D: 5.93µg (39.53%), Vitamin B12: 2.17µg (36.11%), Potassium: 774.31mg (22.12%), Magnesium: 80.4mg (20.1%), Manganese: 0.36mg (17.95%), Selenium: 12.45µg (17.78%), Vitamin B5: 1.71mg (17.11%), Vitamin B1: 0.24mg (15.95%), Zinc: 2.24mg (14.93%), Vitamin B6: 0.28mg (13.81%), Copper: 0.25mg (12.6%), Fiber:

2.75g (11%), Vitamin E: 1.31mg (8.71%), Iron: 1.08mg (5.97%), Vitamin K: 5.05µg (4.81%), Vitamin B3: 0.62mg (3.12%), Folate: 8.96µg (2.24%), Vitamin C: 1.04mg (1.27%)