

Warm Toasted Marshmallow S'mores Bars







DESSERT

Ingredients

1 cu	p butter	melted
۱.		

1 cup graham cracker crumbs

4.5 cups marshmallows miniature

18 oz milk chocolate chips

1 pouch sugar cookie mix (1 lb 1.5 oz)

Equipment

bowl

frying pan

Directions			
Heat oven to 375F. In large bowl, stir together cookie mix and crumbs. Stir in melted butter until soft dough forms. Press into ungreased 13x9-inch pan.			
Bake 18 to 20 minutes or until set. Immediately sprinkle chocolate chips over crust.			
Let stand 3 to 5 minutes or until chocolate begins to melt.			
Spread chocolate evenly over crust.			
Set oven control to broil.			
Sprinkle marshmallows over melted chocolate. Broil with top 5 to 6 inches from heat 20 to 3 seconds or until marshmallows are toasted. (Watch closely; marshmallows will brown quickly Cool 10 minutes. For bars, cut into 6 rows by 4 rows.			
Serve warm. Store any remaining bars tightly covered.			
Nutrition Facts			
PROTEIN 1.62% FAT 44.69% CARBS 53.69%			

Properties

oven

Glycemic Index:5.6, Glycemic Load:6.49, Inflammation Score:-2, Nutrition Score:1.0021739049774%

Nutrients (% of daily need)

Calories: 300.17kcal (15.01%), Fat: 15.17g (23.34%), Saturated Fat: 5.44g (33.98%), Carbohydrates: 41.01g (13.67%), Net Carbohydrates: 40.88g (14.87%), Sugar: 27.94g (31.05%), Cholesterol: Omg (0%), Sodium: 178.8mg (7.77%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 1.24g (2.47%), Vitamin A: 338.32IU (6.77%), Calcium: 21.07mg (2.11%), Potassium: 71.38mg (2.04%), Vitamin E: 0.29mg (1.95%), Vitamin B1: 0.02mg (1.43%), Iron: 0.24mg (1.34%), Folate: 5.11µg (1.28%), Vitamin B3: 0.22mg (1.12%), Vitamin B2: 0.02mg (1.12%)