



Washboard Cookies

 Vegetarian

READY IN



35 min.

SERVINGS



42

CALORIES



61 kcal

DESSERT

Ingredients

- 0.5 cup butter softened
- 1 cup t brown sugar dark packed
- 1 large eggs
- 1 tablespoon water
- 1 teaspoon vanilla extract
- 1.8 cups flour all-purpose
- 0.5 teaspoon baking soda
- 1 serving sugar

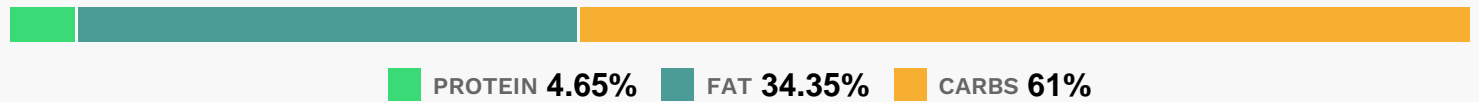
Equipment

- bowl
- baking sheet
- oven

Directions

- Preheat oven to 325°. In a small bowl, cream butter and brown sugar until light and fluffy. Beat in egg, water and vanilla.
- Combine flour and baking soda; add to creamed mixture and mix well.
- Shape into 1-in. balls.
- Place on greased baking sheets; flatten with a fork that has been dipped in water.
- Sprinkle with sugar.
- Bake 15–20 minutes or until edges begin to brown. Cool on wire racks.

Nutrition Facts



Properties

Glycemic Index:4.64, Glycemic Load:3.08, Inflammation Score:-1, Nutrition Score:0.99913043496401%

Nutrients (% of daily need)

Calories: 61.32kcal (3.07%), Fat: 2.36g (3.63%), Saturated Fat: 1.43g (8.96%), Carbohydrates: 9.42g (3.14%), Net Carbohydrates: 9.28g (3.37%), Sugar: 5.4g (6%), Cholesterol: 10.24mg (3.41%), Sodium: 33.7mg (1.47%), Alcohol: 0.03g (100%), Alcohol %: 0.27% (100%), Protein: 0.72g (1.43%), Selenium: 2.22µg (3.18%), Vitamin B1: 0.04mg (2.77%), Folate: 10.22µg (2.56%), Manganese: 0.04mg (1.97%), Vitamin B2: 0.03mg (1.9%), Iron: 0.3mg (1.67%), Vitamin B3: 0.32mg (1.58%), Vitamin A: 73.96IU (1.48%)