



Weather Up's Suffering Bastard



Vegetarian



Vegan



Dairy Free

READY IN



15 min.

SERVINGS



1

CALORIES



1383 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 1 serving angostura bitters
- ☐ 1 ounce bourbon
- ☐ 1 piece candied ginger
- ☐ 1 serving seltzer water
- ☐ 1 cucumber
- ☐ 1 pound ginger fresh
- ☐ 1 ounce hendrick's gin
- ☐ 0.5 ounce ginger

- ☐ 1 ounce lime fresh
- ☐ 1 sprig mint leaves
- ☐ 0.5 ounce simple syrup glaze (see note)
- ☐ 1 cup sugar

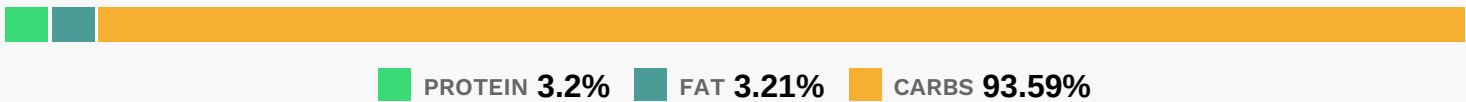
Equipment

- ☐ food processor
- ☐ sieve
- ☐ toothpicks
- ☐ juicer
- ☐ drinking straws

Directions

- ☐ To Make the Ginger Syrup: Process the ginger through the juicer and strain through a fine mesh strainer. Alternatively, grind the ginger until fine in the food processor and press it through a fine mesh strainer. Measure and combine equal parts ginger juice and granulated sugar (by volume) in a jar. Seal and shake until the sugar is completely dissolved. Unused ginger syrup can be stored in the refrigerator for up to 5 days.
- ☐ To make the cocktail Shake gin, bourbon or cognac, ginger syrup, simple syrup, lime juice, and a dash of bitters in a cocktail shaker filled with ice. Strain the cocktail into a Collins glass filled with fresh ice cubes and top the glass with soda.
- ☐ Garnish with cucumber and candied ginger on a toothpick and a sprig of mint.
- ☐ Serve with a straw.

Nutrition Facts



Properties

Glycemic Index:177.09, Glycemic Load:152.04, Inflammation Score:-10, Nutrition Score:26.857826108518%

Flavonoids

Eriodictyol: 0.31mg, Eriodictyol: 0.31mg, Eriodictyol: 0.31mg, Eriodictyol: 0.31mg Hesperetin: 12.29mg, Hesperetin: 12.29mg, Hesperetin: 12.29mg, Hesperetin: 12.29mg Naringenin: 0.96mg, Naringenin: 0.96mg, Naringenin: 0.96mg, Naringenin: 0.96mg Apigenin: 0.05mg, Apigenin: 0.05mg, Apigenin: 0.05mg, Apigenin: 0.05mg Luteolin: 0.13mg, Luteolin: 0.13mg, Luteolin: 0.13mg, Luteolin: 0.13mg Quercetin: 0.11mg, Quercetin: 0.11mg, Quercetin: 0.11mg, Quercetin: 0.11mg

Nutrients (% of daily need)

Calories: 1382.56kcal (69.13%), Fat: 4.69g (7.22%), Saturated Fat: 1g (6.23%), Carbohydrates: 307.48g (102.49%), Net Carbohydrates: 295.15g (107.33%), Sugar: 227.22g (252.47%), Cholesterol: 0mg (0%), Sodium: 79.59mg (3.46%), Alcohol: 19.39g (100%), Alcohol %: 2.28% (100%), Protein: 10.52g (21.04%), Potassium: 2397.92mg (68.51%), Manganese: 1.32mg (66.12%), Copper: 1.32mg (66.03%), Magnesium: 241.07mg (60.27%), Vitamin C: 41.56mg (50.37%), Fiber: 12.33g (49.32%), Vitamin B6: 0.92mg (45.77%), Folate: 96.86µg (24.22%), Iron: 4.32mg (24%), Phosphorus: 231.28mg (23.13%), Vitamin K: 22.24µg (21.18%), Vitamin B3: 3.71mg (18.57%), Vitamin B5: 1.73mg (17.34%), Vitamin B2: 0.29mg (17.13%), Vitamin B1: 0.24mg (16.07%), Zinc: 2.21mg (14.76%), Calcium: 132.52mg (13.25%), Vitamin E: 1.37mg (9.12%), Selenium: 4.99µg (7.12%), Vitamin A: 272.65IU (5.45%)