



Wendy's Drunken Snow Cone

 **Gluten Free**  **Dairy Free**

READY IN



5 min.

SERVINGS



1

CALORIES



139 kcal

Ingredients

- 0.5 fluid ounce rum (raspberry liqueur)
- 1 fluid ounce malibu coconut rum flavored
- 0.5 fluid ounce curacao blue
- 0.3 cup ice cubes shaved
- 2 fluid ounces lemon-lime soda chilled
- 2 fluid ounces pineapple juice
- 0.5 fluid ounce sweet-and-sour cocktail mix
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Equipment

Directions

- Fill a cocktail shaker with ice.
- Pour in the coconut rum, raspberry liqueur, Blue Curacao, sweet and sour mix and pineapple juice. Shake for about 15 seconds, then pour into a martini glass filled with a scoop of shaved ice.
- Garnish with a paper umbrella.

Nutrition Facts

PROTEIN 1.24% **FAT 1.14%** **CARBS 97.62%**

Properties

Glycemic Index:46, Glycemic Load:3.45, Inflammation Score:-2, Nutrition Score:1.896521732697%

Nutrients (% of daily need)

Calories: 138.68kcal (6.93%), Fat: 0.12g (0.18%), Saturated Fat: 0.02g (0.13%), Carbohydrates: 22.18g (7.39%), Net Carbohydrates: 22.07g (8.02%), Sugar: 19.3g (21.44%), Cholesterol: 0mg (0%), Sodium: 11.24mg (0.49%), Alcohol: 8.28g (100%), Alcohol %: 4.43% (100%), Caffeine: 12.72mg (4.24%), Protein: 0.28g (0.56%), Manganese: 0.3mg (15.03%), Vitamin C: 5.91mg (7.17%), Vitamin B6: 0.06mg (2.96%), Copper: 0.06mg (2.81%), Folate: 10.65µg (2.66%), Potassium: 81.91mg (2.34%), Vitamin B1: 0.03mg (2.33%), Magnesium: 8.72mg (2.18%), Iron: 0.2mg (1.13%), Calcium: 10.79mg (1.08%)