



Whipped Shortbread Cookies

 Vegetarian

READY IN



35 min.

SERVINGS



36

CALORIES



73 kcal

DESSERT

Ingredients

- ☐ 1 cup butter
- ☐ 0.5 cup confectioners' sugar
- ☐ 1.5 cups flour all-purpose
- ☐ 12 maraschino cherries

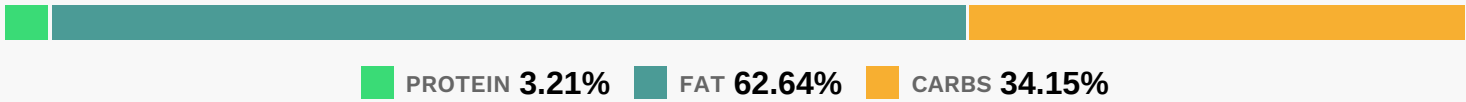
Equipment

- ☐ baking sheet
- ☐ oven

Directions

- ☐ Preheat oven to 350 degrees F (180 degrees C.)
- ☐ Combine butter or margarine, flour and confectioner's sugar and beat for 10 minutes.
- ☐ Drop from teaspoon onto cookie sheet. Decorate with maraschino cherry pieces.
- ☐ Bake in preheated oven for 15 to 18 minutes, or until bottoms are lightly browned.

Nutrition Facts



Properties

Glycemic Index:3.47, Glycemic Load:2.88, Inflammation Score:-1, Nutrition Score:0.98347826690777%

Nutrients (% of daily need)

Calories: 73.4kcal (3.67%), Fat: 5.17g (7.95%), Saturated Fat: 3.25g (20.31%), Carbohydrates: 6.34g (2.11%), Net Carbohydrates: 6.15g (2.24%), Sugar: 2.29g (2.55%), Cholesterol: 13.56mg (4.52%), Sodium: 40.75mg (1.77%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 0.6g (1.19%), Vitamin A: 158.33IU (3.17%), Vitamin B1: 0.04mg (2.75%), Selenium: 1.84µg (2.63%), Folate: 9.72µg (2.43%), Manganese: 0.04mg (1.79%), Vitamin B2: 0.03mg (1.66%), Vitamin B3: 0.31mg (1.55%), Iron: 0.25mg (1.39%)