



White Barbecue Sauce



Vegetarian



Gluten Free



Dairy Free

READY IN



10 min.

SERVINGS



10

CALORIES



235 kcal

SAUCE

Ingredients

- ☐ 1 garlic clove minced
- ☐ 1 tablespoon coarse ground pepper
- ☐ 2 teaspoons horseradish
- ☐ 1.5 cups mayonnaise
- ☐ 1 teaspoon salt
- ☐ 1 tablespoon spicy brown mustard
- ☐ 1 teaspoon sugar
- ☐ 0.3 cup citrus champagne vinegar

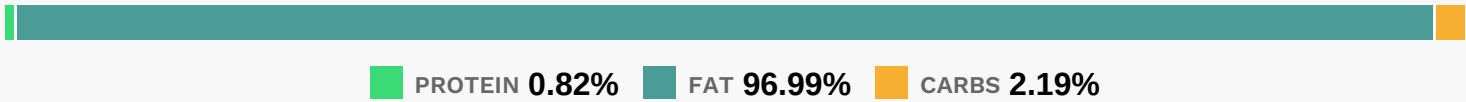
Equipment

Directions

☐

Stir together all ingredients until well blended. Store in an airtight container in refrigerator up to 1 week.

Nutrition Facts



Properties

Glycemic Index:24.91, Glycemic Load:0.51, Inflammation Score:-1, Nutrition Score:3.4391304675652%

Flavonoids

Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg

Nutrients (% of daily need)

Calories: 234.5kcal (11.73%), Fat: 25.21g (38.79%), Saturated Fat: 3.94g (24.65%), Carbohydrates: 1.28g (0.43%), Net Carbohydrates: 1.03g (0.37%), Sugar: 0.7g (0.78%), Cholesterol: 14.11mg (4.7%), Sodium: 467.26mg (20.32%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.48g (0.96%), Vitamin K: 55.79µg (53.13%), Vitamin E: 1.11mg (7.43%), Manganese: 0.09mg (4.74%), Selenium: 1.39µg (1.98%), Phosphorus: 10.87mg (1.09%), Iron: 0.19mg (1.06%), Fiber: 0.26g (1.02%)