



White BBQ Sauce



Vegetarian



Gluten Free



Dairy Free



Low Fod Map

READY IN



10 min.

SERVINGS



16

CALORIES



96 kcal

SAUCE

Ingredients

- ☐ 1 teaspoon pepper black freshly ground
- ☐ 1 cup canola mayonnaise
- ☐ 0.3 teaspoon salt
- ☐ 0.3 cup vinegar white

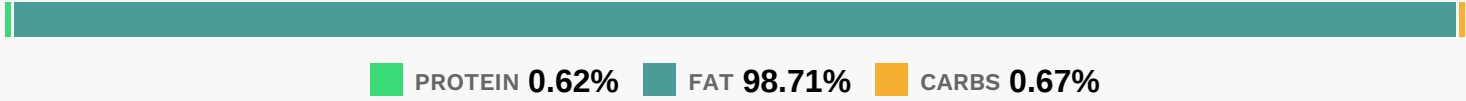
Equipment

- ☐ bowl

Directions

☐ Combine all ingredients in a medium bowl.

Nutrition Facts



Properties

Glycemic Index:8.25, Glycemic Load:0.06, Inflammation Score:-1, Nutrition Score:1.2791304446595%

Nutrients (% of daily need)

Calories: 96.23kcal (4.81%), Fat: 10.48g (16.12%), Saturated Fat: 1.64g (10.25%), Carbohydrates: 0.16g (0.05%), Net Carbohydrates: 0.13g (0.05%), Sugar: 0.08g (0.09%), Cholesterol: 5.88mg (1.96%), Sodium: 125.34mg (5.45%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.15g (0.29%), Vitamin K: 23.02µg (21.93%), Vitamin E: 0.46mg (3.07%)