



White Cake Frosting I



Gluten Free



Dairy Free



Low Fod Map

READY IN



45 min.

SERVINGS



3

CALORIES



1080 kcal

DESSERT

Ingredients

- ☐ 4 cups confectioners' sugar
- ☐ 1 teaspoon clear imitation vanilla extract
- ☐ 0.1 teaspoon powdered butter flavoring
- ☐ 0.1 teaspoon salt
- ☐ 0.8 cup shortening
- ☐ 0.3 cup water

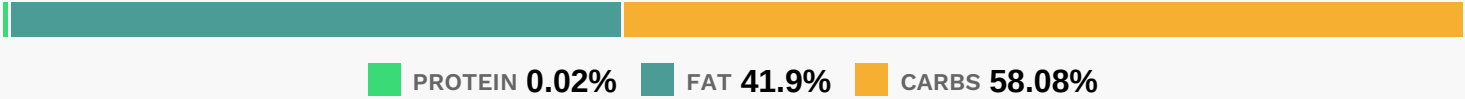
Equipment

- ☐ hand mixer

Directions

☐ With an electric mixer blend all ingredients until mixed.

Nutrition Facts



Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:1, Nutrition Score:2.4856521685648%

Nutrients (% of daily need)

Calories: 1079.76kcal (53.99%), Fat: 51.27g (78.87%), Saturated Fat: 12.81g (80.08%), Carbohydrates: 159.9g (53.3%), Net Carbohydrates: 159.88g (58.14%), Sugar: 156.66g (174.07%), Cholesterol: 0mg (0%), Sodium: 104.23mg (4.53%), Alcohol: 0.46g (100%), Alcohol %: 0.25% (100%), Protein: 0.05g (0.11%), Vitamin K: 27.26µg (25.97%), Vitamin E: 3.14mg (20.94%), Vitamin B5: 0.35mg (3.49%), Vitamin B2: 0.03mg (1.86%), Selenium: 0.96µg (1.37%)