



White Chocolate-Almond Sauce

 Gluten Free

READY IN



15 min.

SERVINGS



44

CALORIES



80 kcal

SAUCE

Ingredients

- ☐ 2 tablespoons butter
- ☐ 1 cup slivered almonds
- ☐ 1 cup whipping cream (heavy)
- ☐ 12 ounces peppermint candies white (2 cups)
- ☐ 1 tablespoon almond extract
- ☐ 1 Dash salt

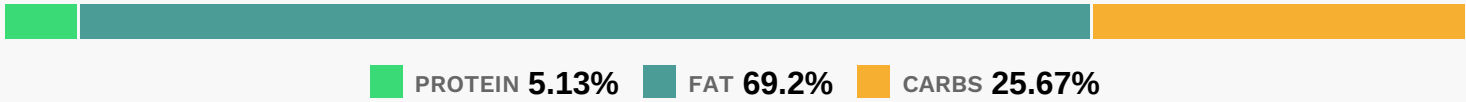
Equipment

- ☐ sauce pan

Directions

- ☐ Heat butter and almonds in 3-quart saucepan over medium heat 6 to 8 minutes, stirring frequently, until almonds are medium brown; remove from heat.
- ☐ Stir in whipping cream until well blended (mixture will spatter). Stir in white baking chips.
- ☐ Heat over low heat, stirring frequently, until chips are melted.
- ☐ Stir in amaretto and salt.
- ☐ Serve warm or cold. Stir before serving. Store covered in refrigerator up to 4 weeks.

Nutrition Facts



Properties

Glycemic Index:0.23, Glycemic Load:0.02, Inflammation Score:-1, Nutrition Score:1.0734782597941%

Flavonoids

Cyanidin: 0.06mg, Cyanidin: 0.06mg, Cyanidin: 0.06mg, Cyanidin: 0.06mg Catechin: 0.03mg, Catechin: 0.03mg, Catechin: 0.03mg, Catechin: 0.03mg Epigallocatechin: 0.06mg, Epigallocatechin: 0.06mg, Epigallocatechin: 0.06mg, Epigallocatechin: 0.06mg Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg Eriodictyol: 0.01mg, Eriodictyol: 0.01mg, Eriodictyol: 0.01mg, Eriodictyol: 0.01mg Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg Isorhamnetin: 0.06mg, Isorhamnetin: 0.06mg, Isorhamnetin: 0.06mg, Isorhamnetin: 0.06mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg

Nutrients (% of daily need)

Calories: 80.01kcal (4%), Fat: 6.36g (9.79%), Saturated Fat: 3.73g (23.34%), Carbohydrates: 5.31g (1.77%), Net Carbohydrates: 5g (1.82%), Sugar: 4.69g (5.21%), Cholesterol: 6.11mg (2.04%), Sodium: 13.19mg (0.57%), Alcohol: 0.1g (100%), Alcohol %: 0.78% (100%), Protein: 1.06g (2.12%), Vitamin E: 0.7mg (4.65%), Manganese: 0.06mg (2.84%), Vitamin B2: 0.04mg (2.27%), Calcium: 21.99mg (2.2%), Vitamin A: 102.3IU (2.05%), Magnesium: 7.06mg (1.77%), Phosphorus: 15.11mg (1.51%), Copper: 0.03mg (1.3%), Fiber: 0.31g (1.23%)