



## White Chocolate-Amaretto Frosting

 Vegetarian  Gluten Free

READY IN



50 min.

SERVINGS



20

CALORIES



306 kcal

FROSTING

ICING

### Ingredients

- 0.3 cup almonds
- 8 oz chocolate white
- 1 cup butter softened
- 0.3 cup cup heavy whipping cream
- 6 cups powdered sugar divided

### Equipment

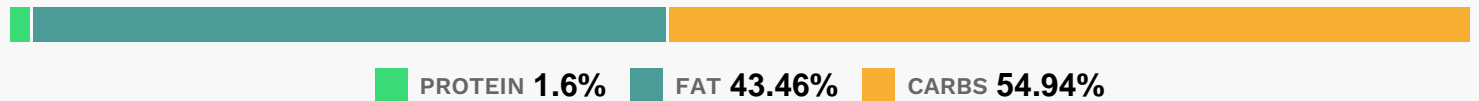
- bowl
- hand mixer

microwave

## Directions

- Break white chocolate baking bars into pieces. Melt white chocolate and cream in a microwave-safe bowl at MEDIUM (50% power) 1 minute or until melted and smooth, stirring at 30-second intervals. (Do not overheat.)
- Let cool to room temperature (about 30 minutes). Beat butter and 1 cup powdered sugar at low speed with an electric mixer until blended.
- Add 5 cups powdered sugar alternately with almond liqueur, beating at low speed until blended after each addition.
- Add white chocolate mixture; beat at medium speed until spreading consistency.

## Nutrition Facts



## Properties

Glycemic Index:6.5, Glycemic Load:4.7, Inflammation Score:-2, Nutrition Score:1.8252173924576%

## Flavonoids

Cyanidin: 0.04mg, Cyanidin: 0.04mg, Cyanidin: 0.04mg, Cyanidin: 0.04mg Catechin: 0.02mg, Catechin: 0.02mg, Catechin: 0.02mg, Catechin: 0.02mg Epigallocatechin: 0.05mg, Epigallocatechin: 0.05mg, Epigallocatechin: 0.05mg, Epigallocatechin: 0.05mg Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg Isorhamnetin: 0.05mg, Isorhamnetin: 0.05mg, Isorhamnetin: 0.05mg, Isorhamnetin: 0.05mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg

## Nutrients (% of daily need)

Calories: 306.38kcal (15.32%), Fat: 15.17g (23.34%), Saturated Fat: 9.01g (56.34%), Carbohydrates: 43.15g (14.38%), Net Carbohydrates: 42.9g (15.6%), Sugar: 42.1g (46.78%), Cholesterol: 31.27mg (10.42%), Sodium: 85mg (3.7%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.25g (2.51%), Vitamin A: 345.37IU (6.91%), Vitamin E: 0.87mg (5.78%), Vitamin B2: 0.07mg (4.15%), Phosphorus: 33.58mg (3.36%), Calcium: 33.08mg (3.31%), Manganese: 0.04mg (2.16%), Vitamin K: 1.95µg (1.86%), Magnesium: 6.69mg (1.67%), Potassium: 52.75mg (1.51%), Vitamin B12: 0.09µg (1.49%), Selenium: 1.03µg (1.47%), Copper: 0.03mg (1.41%), Zinc: 0.16mg (1.09%)