

White Chocolate Caramel Latte Cupcakes for National Chocolate Caramel Day







DESSERT

Ingredients

24 servings caramel sundae sauce cold
0.3 cup coffee mate chocolate caramel latte liquid creamer white
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24 chocolate covered coffee beans
3 large eggs
3 cups powdered sugar - fluffed and lightly spooned into cup
8 tablespoons butter unsalted softened
0.3 cup vegetable oil

	0.8 cup water	
	18.3 oz duncan hines classic decadent cake mix white (I used Pillsbury brand)	
Εq	uipment	
	bowl	
	oven	
	mixing bowl	
	blender	
	hand mixer	
	muffin liners	
	baking spatula	
Di	rections	
	Preheat oven to 350 degrees. Line 24 muffin cups with paper liners.	
	Place the cake mix, Coffee Mate, water, oil and eggs in a large mixing bowl. Blend with an electric mixer on low speed for 1 minute. Scrape down the sides of the bowl with a rubber scraper, increase the mixer speed to medium and beat 2 minutes more, scraping the sides as needed. Divide batter evenly among the 24 cupcake cups and bake on center and lower racks alternating racks halfway through, until cupcakes are golden brown and spring back when pressed lightly, 20–24 minutes.	
	Let the cupcakes cool on wire racks for 10 minutes, then carefully remove the cups from the pans and let cool completely. Prepare the frosting.	
	Mix together the butter, powdered sugar, and Coffee Mate using lowest speed of a mixer. Gradually increase speed to high and beat, scraping sides of the bowl often, until light and creamy. To decorate the cupcakes, pipe a large star in the center of each cupcake or just make a make a dollop of icing by pushing it off a spoon.	
	Drizzle cold caramel sauce over each cupcake and garnish with a chocolate covered espresso bean (optional).	
Nutrition Facts		
	PROTEIN 3.11% FAT 26.4% CARBS 70.49%	

Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-2, Nutrition Score:3.6034782677889%

Nutrients (% of daily need)

Calories: 321.33kcal (16.07%), Fat: 9.72g (14.95%), Saturated Fat: 4.23g (26.45%), Carbohydrates: 58.38g (19.46%), Net Carbohydrates: 57.76g (21%), Sugar: 48.71g (54.12%), Cholesterol: 33.94mg (11.31%), Sodium: 297.11mg (12.92%), Alcohol: Og (100%), Alcohol %: O% (100%), Caffeine: 42.3mg (14.1%), Protein: 2.58g (5.15%), Phosphorus: 108.55mg (10.85%), Calcium: 76.84mg (7.68%), Selenium: 4.57µg (6.53%), Vitamin K: 6.79µg (6.47%), Vitamin B2: 0.09mg (5.48%), Folate: 19.12µg (4.78%), Manganese: 0.09mg (4.74%), Vitamin E: 0.64mg (4.27%), Iron: 0.68mg (3.76%), Vitamin A: 186.37lU (3.73%), Vitamin B1: 0.05mg (3.36%), Vitamin B3: 0.55mg (2.75%), Magnesium: 10.68mg (2.67%), Copper: 0.05mg (2.67%), Fiber: 0.62g (2.46%), Vitamin B5: 0.23mg (2.33%), Vitamin B12: 0.14µg (2.26%), Potassium: 67.05mg (1.92%), Zinc: 0.25mg (1.69%), Vitamin D: 0.19µg (1.3%)