



## White Chocolate Chip-Oatmeal Cookies

 Dairy Free

READY IN



45 min.

SERVINGS



60

CALORIES



130 kcal

DESSERT

### Ingredients

- 1 teaspoon double-acting baking powder
- 1 teaspoon baking soda
- 1 cup firmly brown sugar light packed
- 1 cup butter softened
- 2 large eggs
- 3 cups flour all-purpose
- 1 cup granulated sugar
- 1.5 cups regular oats uncooked

- 1 cup pecans coarsely chopped
- 1 teaspoon salt
- 2 teaspoons vanilla extract
- 12 ounces chocolate morsels white

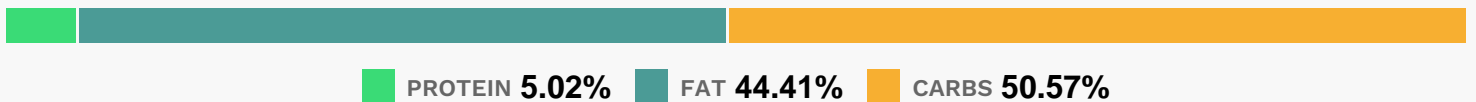
## Equipment

- baking sheet
- oven
- hand mixer

## Directions

- Beat butter at medium speed with an electric mixer until creamy; gradually add sugars, beating well.
- Add eggs, one at a time, beating just until yellow disappears after each addition. Stir in vanilla.
- Combine flour and next 3 ingredients; gradually add to butter mixture, beating until blended. Stir in oats, morsels, and pecans. Drop by tablespoonfuls onto greased baking sheets.
- Bake at 350 for 12 minutes. Cool on baking sheets 3 minutes; remove to wire racks to cool completely.

## Nutrition Facts



## Properties

Glycemic Index:5.95, Glycemic Load:8.61, Inflammation Score:-2, Nutrition Score:2.4469565272979%

## Flavonoids

Cyanidin: 0.2mg, Cyanidin: 0.2mg, Cyanidin: 0.2mg, Cyanidin: 0.2mg Delphinidin: 0.13mg, Delphinidin: 0.13mg, Delphinidin: 0.13mg, Delphinidin: 0.13mg Catechin: 0.13mg, Catechin: 0.13mg, Catechin: 0.13mg, Catechin: 0.13mg Epigallocatechin: 0.1mg, Epigallocatechin: 0.1mg, Epigallocatechin: 0.1mg, Epigallocatechin: 0.1mg Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg Epigallocatechin 3-gallate: 0.04mg, Epigallocatechin 3-gallate: 0.04mg, Epigallocatechin 3-gallate: 0.04mg, Epigallocatechin 3-gallate: 0.04mg

## Nutrients (% of daily need)

Calories: 130.32kcal (6.52%), Fat: 6.54g (10.06%), Saturated Fat: 1.93g (12.05%), Carbohydrates: 16.75g (5.58%), Net Carbohydrates: 16.19g (5.89%), Sugar: 10.36g (11.51%), Cholesterol: 7.39mg (2.46%), Sodium: 108.53mg (4.72%), Alcohol: 0.05g (100%), Alcohol %: 0.2% (100%), Protein: 1.66g (3.32%), Manganese: 0.2mg (10.09%), Selenium: 3.6µg (5.15%), Vitamin B1: 0.08mg (5%), Vitamin B2: 0.06mg (3.66%), Phosphorus: 35.86mg (3.59%), Folate: 13.74µg (3.44%), Vitamin A: 147.05IU (2.94%), Iron: 0.5mg (2.78%), Calcium: 23.65mg (2.36%), Vitamin B3: 0.46mg (2.31%), Copper: 0.05mg (2.27%), Fiber: 0.56g (2.24%), Magnesium: 7.73mg (1.93%), Zinc: 0.26mg (1.77%), Vitamin E: 0.23mg (1.51%), Vitamin B5: 0.13mg (1.34%), Potassium: 46.74mg (1.34%)