

# White Chocolate Chunk-Macadamia Cookies



### Ingredients

6 ounces chocolate white cut into 1/4- to 1/2-inch chunks (chocolate)
1 teaspoon baking soda
1 cup brown sugar packed
0.5 cup butter softened
1 eggs
2.3 cups flour all-purpose gold medal<sup>®</sup>
0.5 cup granulated sugar
3.5 ounces macadamia nuts coarsely chopped
0.3 teaspoon salt



0.5 cup shortening

1 teaspoon vanilla

## Equipment

bowl
baking sheet
oven
wire rack
hand mixer

### Directions

Heat oven to 350°F. Beat sugars, butter, shortening, vanilla and egg in large bowl with electric mixer on medium speed until light and fluffy, or mix with spoon. Stir in flour, baking soda and salt (dough will be stiff). Stir in white baking bar chunks and nuts.

Drop dough by rounded tablespoonfuls about 2 inches apart onto ungreased cookie sheet.

Bake 10 to 12 minutes or until light brown. Cool 1 to 2 minutes; remove from cookie sheet to wire rack.

### **Nutrition Facts**

PROTEIN 3.72% 📕 FAT 51.54% 📒 CARBS 44.74%

#### **Properties**

Glycemic Index:112.55, Glycemic Load:147.92, Inflammation Score:-9, Nutrition Score:40.294347633486%

#### Nutrients (% of daily need)

Calories: 2835.3kcal (141.77%), Fat: 165.46g (254.55%), Saturated Fat: 45.68g (285.5%), Carbohydrates: 323.15g (107.72%), Net Carbohydrates: 314.91g (114.51%), Sugar: 209.76g (233.07%), Cholesterol: 99.7mg (33.23%), Sodium: 1519.64mg (66.07%), Alcohol: 0.69g (100%), Alcohol %: 0.15% (100%), Protein: 26.86g (53.72%), Manganese: 3.1mg (154.96%), Vitamin B1: 1.78mg (118.35%), Selenium: 61.66µg (88.09%), Folate: 280.76µg (70.19%), Vitamin B2: 1.15mg (67.52%), Iron: 9.79mg (54.4%), Vitamin B3: 10.32mg (51.61%), Phosphorus: 455.96mg (45.6%), Vitamin A: 2174.26IU (43.49%), Vitamin E: 6.3mg (42%), Calcium: 354.57mg (35.46%), Copper: 0.7mg (35.06%), Vitamin K: 35.49µg (33.8%), Fiber: 8.23g (32.93%), Magnesium: 120.13mg (30.03%), Vitamin B5: 2.39mg (23.88%), Potassium: 780.79mg (22.31%), Zinc: 2.58mg (17.22%), Vitamin B6: 0.33mg (16.73%), Vitamin B12: 0.73µg (12.15%), Vitamin D:

0.44µg (2.93%), Vitamin C: 1.13mg (1.37%)