

White Chocolate Chunk Pecan Cookies

 Vegetarian

READY IN



45 min.

SERVINGS



36

CALORIES



74 kcal

DESSERT

Ingredients

- ☐ 0.5 teaspoon double-acting baking powder
- ☐ 0.3 cup brown sugar packed
- ☐ 1 eggs
- ☐ 1.3 cups flour all-purpose
- ☐ 0.3 cup pecans chopped
- ☐ 0.5 teaspoon salt
- ☐ 0.5 cup butter unsalted
- ☐ 1 teaspoon vanilla extract

- ☐ 0.5 cup chocolate white chopped
- ☐ 0.5 cup sugar white

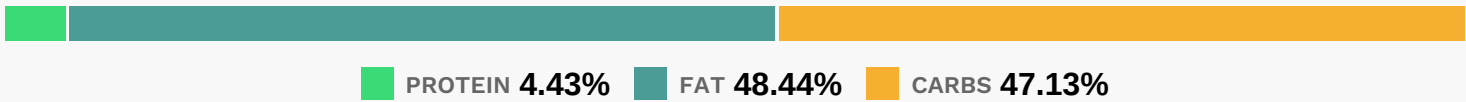
Equipment

- ☐ baking sheet
- ☐ oven

Directions

- ☐ Blend sugar and butter together until smooth and creamy.
- ☐ Add the egg and vanilla; blend well.
- ☐ Sift together the flour, salt, and baking powder; combine these ingredients with the creamed mixture.
- ☐ Add chopped white chocolate and nuts.
- ☐ Spoon dough out onto a cookie sheet.
- ☐ Bake at 375 degrees F (190 degrees C) for about 5 to 10 minutes, or until golden brown on the bottom.
- ☐ Let cool slightly on the cookie sheet before removing, or they'll break.

Nutrition Facts



Properties

Glycemic Index:8.81, Glycemic Load:5.11, Inflammation Score:-1, Nutrition Score:1.2304347761623%

Flavonoids

Cyanidin: 0.11mg, Cyanidin: 0.11mg, Cyanidin: 0.11mg, Cyanidin: 0.11mg Delphinidin: 0.07mg, Delphinidin: 0.07mg, Delphinidin: 0.07mg, Delphinidin: 0.07mg Catechin: 0.07mg, Catechin: 0.07mg, Catechin: 0.07mg, Catechin: 0.07mg Epigallocatechin: 0.06mg, Epigallocatechin: 0.06mg, Epigallocatechin: 0.06mg, Epigallocatechin: 0.06mg Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg Epigallocatechin 3-gallate: 0.02mg, Epigallocatechin 3-gallate: 0.02mg, Epigallocatechin 3-gallate: 0.02mg, Epigallocatechin 3-gallate: 0.02mg

Nutrients (% of daily need)

Calories: 73.86kcal (3.69%), Fat: 4.04g (6.22%), Saturated Fat: 2.08g (13.02%), Carbohydrates: 8.84g (2.95%), Net Carbohydrates: 8.63g (3.14%), Sugar: 5.41g (6.01%), Cholesterol: 11.71mg (3.9%), Sodium: 42.47mg (1.85%), Alcohol: 0.04g (100%), Alcohol %: 0.3% (100%), Protein: 0.83g (1.66%), Manganese: 0.08mg (3.85%), Selenium: 2.03µg (2.91%), Vitamin B1: 0.04mg (2.84%), Folate: 8.98µg (2.24%), Vitamin B2: 0.04mg (2.07%), Vitamin A: 86.5IU (1.73%), Phosphorus: 15.17mg (1.52%), Iron: 0.27mg (1.51%), Vitamin B3: 0.29mg (1.43%), Calcium: 11.04mg (1.1%), Copper: 0.02mg (1.09%)