



White Chocolate Cranberry Scones

 Gluten Free

READY IN



40 min.

SERVINGS



18

CALORIES



173 kcal

MORNING MEAL

BRUNCH

BREAKFAST

DESSERT

Ingredients

- ☐ 0.5 cup granulated sugar
- ☐ 0.5 cup butter cold
- ☐ 6 oz peppermint candies white
- ☐ 1 cup cranberries dried sweetened
- ☐ 1 teaspoon orange zest finely grated
- ☐ 0.5 cup whipping cream
- ☐ 1 eggs
- ☐ 1 tablespoon whipping cream

- ☐ 2 tablespoons granulated sugar
- ☐ 3 cups frangelico

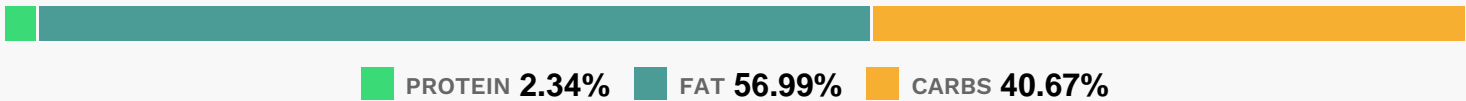
Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ oven
- ☐ wire rack
- ☐ blender

Directions

- ☐ Heat oven to 400°F. In large bowl, stir Bisquick mix and 1/2 cup granulated sugar.
- ☐ Cut in butter, using pastry blender (or pulling 2 table knives through ingredients in opposite directions), until mixture looks like fine crumbs. Stir in baking chips, cranberries and orange peel. In small bowl, mix 1/2 cup whipping cream and the egg until blended. Stir into crumb mixture until dough forms.
- ☐ On lightly floured surface, gently knead dough 3 or 4 times. Pat or roll dough to 3/4-inch thickness.
- ☐ Cut with floured 2-inch round cutter. Onto ungreased cookie sheet, place rounds 1 inch apart.
- ☐ Brush dough with 1 tablespoon whipping cream; sprinkle with coarse sugar.
- ☐ Bake 16 to 19 minutes or until light golden brown. Immediately remove from cookie sheet to cooling rack.
- ☐ Serve warm.

Nutrition Facts



Properties

Glycemic Index:10.57, Glycemic Load:4.81, Inflammation Score:-1, Nutrition Score:1.079130437711%

Flavonoids

Cyanidin: 0.04mg, Cyanidin: 0.04mg, Cyanidin: 0.04mg, Cyanidin: 0.04mg Delphinidin: 0.01mg, Delphinidin: 0.01mg, Delphinidin: 0.01mg, Delphinidin: 0.01mg Myricetin: 0.16mg, Myricetin: 0.16mg, Myricetin: 0.16mg, Myricetin: 0.16mg Quercetin: 0.3mg, Quercetin: 0.3mg, Quercetin: 0.3mg, Quercetin: 0.3mg

Nutrients (% of daily need)

Calories: 172.7kcal (8.64%), Fat: 11.4g (17.53%), Saturated Fat: 7.84g (48.97%), Carbohydrates: 18.3g (6.1%), Net Carbohydrates: 17.93g (6.52%), Sugar: 17.36g (19.29%), Cholesterol: 31.06mg (10.35%), Sodium: 52.29mg (2.27%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 1.05g (2.11%), Vitamin A: 280.68IU (5.61%), Vitamin E: 0.38mg (2.55%), Calcium: 22.82mg (2.28%), Vitamin B2: 0.03mg (1.8%), Selenium: 1.12µg (1.6%), Fiber: 0.37g (1.47%), Vitamin K: 1.2µg (1.14%), Vitamin D: 0.17µg (1.12%), Phosphorus: 11.23mg (1.12%)