



White Frosting

 Vegetarian  Gluten Free

READY IN



45 min.

SERVINGS



10

CALORIES



224 kcal

FROSTING

ICING

Ingredients

- 2 Tbsp milk
- 3 cups powdered sugar
- 0.5 cup butter unsalted softened
- 1 teaspoon vanilla extract

Equipment

- hand mixer

Directions

- ☐ Beat butter with an electric mixer at medium-high speed until creamy. Gradually beat in sugar until smooth. Beat in vanilla and 2 Tbsp. milk, adding additional milk, if necessary, for desired consistency.

Nutrition Facts



Properties

Glycemic Index:3.8, Glycemic Load:0.05, Inflammation Score:-1, Nutrition Score:0.63913043183477%

Nutrients (% of daily need)

Calories: 224.37kcal (11.22%), Fat: 9.3g (14.31%), Saturated Fat: 5.89g (36.79%), Carbohydrates: 36.13g (12.04%), Net Carbohydrates: 36.13g (13.14%), Sugar: 35.41g (39.34%), Cholesterol: 24.76mg (8.25%), Sodium: 3.14mg (0.14%), Alcohol: 0.14g (100%), Alcohol %: 0.34% (100%), Protein: 0.2g (0.39%), Vitamin A: 288.5IU (5.77%), Vitamin E: 0.26mg (1.77%), Vitamin D: 0.2µg (1.35%)