



## White Fudge Cookie Cutter Gifts



Gluten Free



Dairy Free



Low Fod Map

READY IN



85 min.

SERVINGS



20

CALORIES



193 kcal

DESSERT

### Ingredients

- 12 oz peppermint candies white (2 cups)
- 16 oz vanilla frosting
- 0.5 teaspoon rum extract
- 1 serving sprinkles
- 1 serving m&m candies

### Equipment

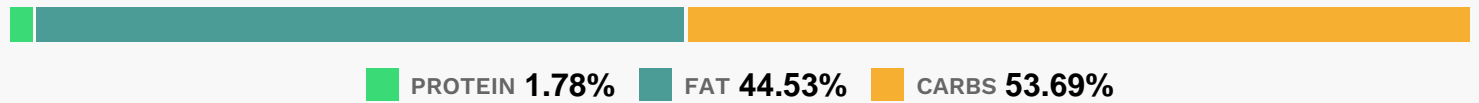
- baking sheet
- sauce pan

- plastic wrap
- aluminum foil
- cookie cutter

## Directions

- Line large cookie sheet with foil. Spray foil with cooking spray. Generously spray 20 hollow metal 6-inch cookie cutters; place on cookie sheet.
- In 2-quart saucepan, melt white vanilla baking chips over low heat, stirring frequently, until smooth.
- Remove from heat. Stir in frosting and cherry extract.
- Fill each cookie cutter with 1/2 cup melted mixture. Refrigerate until firm, about 1 hour. Decorate as desired.
- Wrap each filled cookie cutter gift with cellophane or plastic wrap; tie with ribbon. Store in refrigerator.

## Nutrition Facts



## Properties

Glycemic Index:2.15, Glycemic Load:6.62, Inflammation Score:1, Nutrition Score:0.61000000499189%

## Nutrients (% of daily need)

Calories: 193.04kcal (9.65%), Fat: 9.76g (15.01%), Saturated Fat: 5.85g (36.54%), Carbohydrates: 26.46g (8.82%), Net Carbohydrates: 26.44g (9.62%), Sugar: 24.89g (27.66%), Cholesterol: 0.11mg (0.04%), Sodium: 52.79mg (2.3%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.88g (1.75%), Vitamin B2: 0.07mg (4.03%), Vitamin K: 2.95µg (2.81%), Calcium: 27.07mg (2.71%), Vitamin E: 0.35mg (2.31%)