

White Linen Cupcakes







DESSERT

Ingredients

0.1 teaspoon salt

2 teaspoons double-acting baking powder
0.5 cup butter softened
1 cup buttermilk
24 servings chocolate curls white
4 large eggs
12 ounces mascarpone cheese softened
1 cups paper baking
1 cup powdered sugar

	0.5 teaspoon salt	
	1 cup shortening	
	2 cups sugar	
	1 tablespoon vanilla bean paste	
	1 teaspoon vanilla extract	
	2.8 cups soft-wheat flour all-purpose	
	1 cup whipping cream	
Equipment		
	bowl	
	oven	
	blender	
	hand mixer	
Directions		
	To prepare Vanilla Bean Cake, preheat oven to 350 degrees.	
	Beat butter and shortening at medium speed with an electric mixer until creamy. Gradually add sugar, beating well.	
	Add eggs, 1 at a time, beating until blended after each addition.	
	Combine flour, baking powder, and salt; add to butter mixture alternately with buttermilk, beginning and ending with flour mixture. Beat at low speed until blended after each addition. Stir in vanilla bean paste.	
	Place paper baking cups in 2 (12-cup) muffin pans, and coat with cooking spray; spoon batter into cups, filling about two-thirds full.	
	Bake for 12 to 15 minutes or until a wooden pick inserted in center comes out clean. Cool in pans on wire racks 10 minutes; remove from pans to wire racks, and cool completely. Makes 24 cupcakes.	
	To prepare frosting, beat cream at high speed with an electric mixer until stiff peaks form. Beat mascarpone, powdered sugar, vanilla, and salt in a large bowl at medium speed with mixer until blended. Gently fold whipped cream into mascarpone mixture until blended. Makes 3 cups. Frost each cupcake. Top each generously with white chocolate curls.	

Nutrition Facts

PROTEIN 4.71% FAT 56.71% CARBS 38.58%

Properties

Glycemic Index:16.17, Glycemic Load:20.19, Inflammation Score:-4, Nutrition Score:5.139999953625%

Nutrients (% of daily need)

Calories: 390.73kcal (19.54%), Fat: 24.74g (38.07%), Saturated Fat: 11.68g (73.01%), Carbohydrates: 37.88g (12.63%), Net Carbohydrates: 37.39g (13.6%), Sugar: 23.94g (26.6%), Cholesterol: 67.96mg (22.65%), Sodium: 224.72mg (9.77%), Alcohol: 0.06g (100%), Alcohol %: 0.07% (100%), Protein: 4.62g (9.25%), Selenium: 8.68µg (12.4%), Vitamin A: 524.4IU (10.49%), Vitamin B2: 0.18mg (10.31%), Vitamin B1: 0.15mg (10.25%), Folate: 37.49µg (9.37%), Phosphorus: 85.68mg (8.57%), Calcium: 76.72mg (7.67%), Manganese: 0.12mg (5.95%), Iron: 1.02mg (5.67%), Vitamin E: 0.84mg (5.62%), Vitamin B3: 1.1mg (5.52%), Vitamin K: 5.71µg (5.43%), Vitamin B5: 0.37mg (3.67%), Vitamin D: 0.46µg (3.04%), Vitamin B12: 0.17µg (2.82%), Zinc: 0.31mg (2.09%), Copper: 0.04mg (2.01%), Fiber: 0.49g (1.98%), Magnesium: 7.42mg (1.86%), Potassium: 62.65mg (1.79%), Vitamin B6: 0.03mg (1.61%)