

## White Russian



Gluten Free



Dairy Free



Low Fod Map

READY IN



5 min.

SERVINGS



4

CALORIES



236 kcal

BEVERAGE

DRINK

## Ingredients

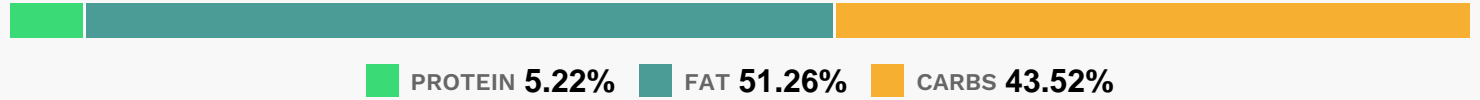
- 1 serving ice cubes
- 1 cup vodka
- 0.5 cup baileys irish cream
- 1 Dash nutmeg
- 1 cup frangelico

## Equipment

## Directions

- In cocktail shaker, place ice, vodka, liqueur and half-and-half. (Depending on the size of the cocktail shaker, you may have to work in batches.) Shake 30 seconds.
- Pour into 4 chilled martini glasses.
- Garnish each with a sprinkle of nutmeg.

## Nutrition Facts



## Properties

Glycemic Index:21.25, Glycemic Load:0.05, Inflammation Score:-3, Nutrition Score:0.1091304352588%

## Nutrients (% of daily need)

Calories: 236.38kcal (11.82%), Fat: 3.93g (6.04%), Saturated Fat: 2.42g (15.16%), Carbohydrates: 7.5g (2.5%), Net Carbohydrates: 7.45g (2.71%), Sugar: 5.97g (6.63%), Cholesterol: 0.01mg (0%), Sodium: 1.36mg (0.06%), Alcohol: 24.02g (100%), Alcohol %: 29.35% (100%), Protein: 0.9g (1.8%)