



White Russian Brownies

 Vegetarian

READY IN



45 min.

SERVINGS



10

CALORIES



300 kcal

DESSERT

Ingredients

- ☐ 0.3 teaspoon double-acting baking powder
- ☐ 2 tablespoons butter softened
- ☐ 0.8 cup rum / brandy / coffee liqueur flavored
- ☐ 1 pound cream cheese softened
- ☐ 1 eggs
- ☐ 0.3 cup flour all-purpose
- ☐ 0.3 teaspoon salt
- ☐ 0.5 cup cocoa powder unsweetened

- ☐ 0.3 cup vodka
- ☐ 0.3 cup sugar white

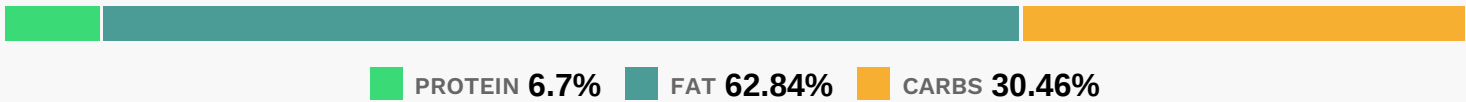
Equipment

- ☐ bowl
- ☐ oven
- ☐ baking pan
- ☐ toothpicks

Directions

- ☐ Preheat oven to 325 degrees F (165 degrees C). Grease and flour a 9x9 inch baking pan.
- ☐ In a medium bowl, cream 1 1/4 cups of sugar and 4 tablespoons of butter.
- ☐ Add 2 eggs and mix well. Stir in 1/2 cup of the coffee liqueur. Sift together 1 cup of flour, cocoa powder, baking powder, and salt. Stir into the butter mixture until well blended.
- ☐ Spread half of this mixture evenly into the prepared baking pan.
- ☐ In another bowl, stir together the 1/4 cup of flour and 1/4 cup of sugar.
- ☐ Add softened cream cheese and mix well. Stir in 1 egg, 2 tablespoons butter, and the vodka.
- ☐ Mix until smooth.
- ☐ Spread this evenly over the chocolate layer.
- ☐ Pour the remaining chocolate mixture over the top of this. You can make a pattern of stripes or swirl the chocolate with a toothpick.
- ☐ Bake for 35 to 45 minutes in the preheated oven. When brownies are cool, brush with the remaining 1/4 cup of coffee liqueur.

Nutrition Facts



Properties

Glycemic Index:32.91, Glycemic Load:5.92, Inflammation Score:-5, Nutrition Score:4.9582608756812%

Flavonoids

Catechin: 2.79mg, Catechin: 2.79mg, Catechin: 2.79mg, Catechin: 2.79mg Epicatechin: 8.45mg, Epicatechin: 8.45mg, Epicatechin: 8.45mg, Epicatechin: 8.45mg Quercetin: 0.43mg, Quercetin: 0.43mg, Quercetin: 0.43mg, Quercetin: 0.43mg

Nutrients (% of daily need)

Calories: 300.18kcal (15.01%), Fat: 18.98g (29.2%), Saturated Fat: 11.1g (69.43%), Carbohydrates: 20.7g (6.9%), Net Carbohydrates: 19.03g (6.92%), Sugar: 15.08g (16.76%), Cholesterol: 68.2mg (22.73%), Sodium: 237.91mg (10.34%), Alcohol: 5.84g (100%), Alcohol %: 8.33% (100%), Caffeine: 9.89mg (3.3%), Protein: 4.55g (9.1%), Vitamin A: 702.91IU (14.06%), Selenium: 6.98µg (9.98%), Manganese: 0.19mg (9.64%), Phosphorus: 95.35mg (9.53%), Copper: 0.18mg (8.99%), Vitamin B2: 0.15mg (8.97%), Magnesium: 26.84mg (6.71%), Fiber: 1.68g (6.7%), Calcium: 59.07mg (5.91%), Iron: 0.88mg (4.92%), Zinc: 0.6mg (4.01%), Potassium: 135.51mg (3.87%), Vitamin B5: 0.35mg (3.54%), Vitamin E: 0.51mg (3.38%), Folate: 13.33µg (3.33%), Vitamin B1: 0.04mg (2.7%), Vitamin B12: 0.14µg (2.4%), Vitamin B6: 0.04mg (1.97%), Vitamin B3: 0.32mg (1.62%), Vitamin K: 1.28µg (1.22%)